

# Public Law, Chapter 603 2024 Annual Report: Behavioral Health Care Spending

Submitted to:	Senator Bailey, Representative Perry, and Members of the Joint Standing Committee on Health Coverage, Insurance and Financial Services Commissioner Lambrew, Department of Health and Human Services
CC:	Colleen McCarthy Reid, Principal Legislative Analyst Bethany Beausang, Senior Policy Advisor, Office of Governor Mills MQF Behavioral Health Advisory Committee
Submitted by:	Karynlee Harrington, Director Maine Quality Forum
Date:	March 11, 2024

Public Law 2021, Chapter 603, requires the Maine Quality Forum to develop an annual report on behavioral health care spending in Maine using data from the Maine Health Data Organization. Please find attached a copy of our second annual report.

# **Table of Contents**

Overview1
Behavioral Health Care Spending in Maine 2
Part I: Behavioral Health Care Spending Reported to MHDO (Claims, Non-Claims and Supplemental Data) and Geographic Behavioral Health Spending Variation2
Part II: Utilization of Behavioral Health Services7
Part III. Telehealth and Consumer Cost-Share Claims Analyses
Tele-Behavioral Health Claims Analysis8
Commercial Payors Share and Consumer Payments for Behavioral Health Care and All Other Medical Expenditures9
Environmental Scan
Conclusions and Future Considerations 11
Attachments: Supporting Documentation12
Attachment A – Public Law Chapter 603 13
Attachment B – Review of Behavioral Health Care Reports and Studies
Attachment C - Methodology for Estimating Behavioral Health Spending
Attachment D – Codes Used in Behavioral Health Spending Analyses
Attachment E - Endnotes

# Overview

Public Law 2021, Chapter 603, An Act Regarding Reporting on Spending for Behavioral Health Care Services and To Clarify Requirements for Credentialing by Health Insurance Carriers, requires the Maine Quality Forum (MQF) to submit an annual report on behavioral health (BH) care spending in Maine to the Joint Standing Committee on Health Coverage, Insurance and Financial Services and the Commissioner of the Department of Health and Human Services (Attachment A).<sup>1</sup>

The Maine Quality Forum (MQF) contracts with the University of Southern Maine, Muskie School of Public Service with consultation from Judy Loren and McGuire Consulting Services, for the technical support in the preparation of this report.

This second annual behavioral health care spending report is consistent with the methods and definitions of behavioral health care used in the development of the first annual report. The payment estimates are based on analyses of MHDO's claims payment data, non-claims-based payments and other supplemental substance use disorder data submitted by payors to the Maine Health Data Organization (MHDO) as defined in 90-590 Chapter 243, *Uniform Reporting System for Health Care Claims Data Sets*, and 90-590 Chapter 247, *Uniform Reporting System for Non-Claims Based Payments and Other Supplemental Health Care Data Sets*. \*2.3 We accessed MaineCare's claims data directly from the department in order to separate long term service and support (LTSS) from medical services.<sup>+</sup> Throughout this report, the terms "payment" and "spending" are equivalent.

Although MQF's annual report on primary care spending as required under Public Law 2019, Chapter 244, *An Act to Establish Transparency in Primary Care Health Care Spending,* is a separate report from our annual behavioral health care spending report, there are some services provided by a primary care provider (as defined by MQF's methodology for identifying primary care providers) that also have a primary diagnosis of behavioral health and therefore are included in both spending reports. In 2022, of the total behavioral health payments submitted to MHDO by payors, approximately 7% of commercial, 10% of MaineCare, and 15% of Medicare behavioral health payments were to primary care providers.

This report provides a comprehensive estimate of behavioral health care payments as submitted to MHDO in claims, non-claims and substance use disorder (SUD) payments made by the payor (excludes consumer cost sharing e.g., copayments, coinsurance). To have comparable estimates across payors, the categories total behavioral health care estimates and the MaineCare behavioral health care estimates are presented as a range; and includes claims-only analyses of behavioral health care spending for telehealth services based on payor paid amounts, and analyses of commercially insured consumers' cost share as a portion of total allowed amounts (payor paid amounts plus consumer cost share amounts).

## Enhancements to this year's MQF Behavioral Health Spending Report

<u>County-level behavioral health care spending estimates</u> – To begin to understand geographic differences in behavioral health care spending across the state, this report has added county-level estimates of behavioral health care spending rates in 2022 based on the members' county of eligibility.

<u>Estimates of enrolled members' behavioral health care utilization by payor</u> – To provide context for understanding behavioral health care spending as it relates to member enrollment trends and utilization of

<sup>&</sup>lt;sup>\*</sup> Effective October 2022, Chapter 247 requires submission of both non-claims and the aggregated SUD payment data that payors redact from their claims submissions to MHDO per their interpretation of the federal rule, 42 CFR Part 2.

<sup>&</sup>lt;sup>+</sup> Maine's DHHS Office of MaineCare Services has a memorandum of understanding with the University of Southern Maine to conduct analyses of MaineCare data on behalf of the Maine Quality Forum to assist in developing PL 244, PL 603 mandated primary care and behavioral health spending reports.

behavioral health care services, this report includes both 2021 and 2022 member enrollment data reported by payors to MHDO and the percent of members that had at least one behavioral health care visit.

MQF also conducted an environmental scan of other state and federal sources to determine the "best practices" for reporting spending on behavioral health care. We found that there continues to be no consistent method for defining behavioral health.

# **Behavioral Health Care Spending in Maine**

# Part I: Behavioral Health Care Spending Reported to MHDO (Claims, Non-Claims and Supplemental Data) and Geographic Behavioral Health Spending Variation

The Behavioral Health Care Spending estimates for calendar year 2021-2022 shown in Table 1 and Chart 1 reflect the percent of payor payments including claims, non-claims and supplemental data reported to the MHDO per the requirements in 90-590 Chapter 243, *Uniform Reporting System for Health Care Claims Data Sets*, and non-claims-based payments and supplemental data as defined in Chapter 247, *Uniform Reporting System for Non-Claims Based Payments, and Other Supplemental Health Care Data Sets*.

Behavioral health care is defined in 24-A MRSA §6903, sub-§1-A, as "services to treat mental health and substance use conditions". To operationalize this definition to use the MHDO claims data, MQF further defines behavioral health as a claim in the MHDO's all-payer claims data that has one of the following:<sup>‡</sup>(Attachment C)

- A primary diagnosis indicating that the purpose of the treatment was to address a behavioral health issue based on Substance Abuse and Mental Health Services Administration (SAMHSA) definition or
- All services delivered by a provider taxonomy (rendering or billing) whose claims are "primarily" for the treatment of mental health or substance use conditions. "Primarily" is defined as when 70% or greater of the providers' claim payments in the MHDO data had a primary behavioral health diagnosis.

Based on feedback from the MQF BH Spending Advisory Committee and definitions of the federal SAMHSA, Dementia and Intellectual and Developmental Disabilities are excluded from MQF's definition of Behavioral Health. A detailed list of behavioral health diagnoses and provider taxonomy codes used to define behavioral health can be found in *Attachment D*.<sup>1</sup>

## In reviewing estimates in Chart 1 and Table 1, note the following caveats:

- Estimates are based on claims and non-claims data reported to MHDO, which include all of MaineCare and Medicare (includes both Medicare Advantage and Original Medicare) members and approximately 73 percent of commercially insured members in the State of Maine.
- All Substance Use Disorder (SUD) data reported to MHDO per the requirements of Chapter 247 by commercial payors (including those by the State Health Employee Benefits plan and the Maine Education Association and Medicare Advantage plans), are considered behavioral health-related payments as services for the treatment of SUD.
- MaineCare non-claims payments include payments for long term services and supports (LTSS). For comparability to other payors, in consultation with the Office of MaineCare Services, we removed an

<sup>&</sup>lt;sup>‡</sup> The list of behavioral health diagnosis and provider taxonomies primary providing behavioral health services are included in *Attachment D*. The list of ICD-10 diagnosis codes considered Behavioral Health are compiled from multiple sources and cross-referenced with SAMHSA (Substance Abuse and Mental Health Services Administration) definitions. ICD-10 is based on a categorization that groups almost all Behavioral Health diagnoses into the series of codes starting with F.

estimated portion of MaineCare's non-claims payments that may have been for LTSS, which were estimated as a range. For a listing of what MaineCare considers LTSS see *Attachment C* Table 3.

- Medicare estimates include both original Medicare and Medicare Advantage payments. Original Medicare is not subject to Chapter 247 requirements. The reported non-claims payments and supplemental SUD payments for Medicare reflect those reported by Medicare Advantage plans.
- <u>Absolute \$s</u> All payments shown in Table 1 are presented in millions (M) and billions (B). For example, \$500,000,000 equals \$500 (M) million dollars; \$2,500,000,000 equals \$2.5 (B) billion dollars.

#### 2021 and 2022 Behavioral Health Care Spending Estimates

- Based on claims, non-claims, and supplemental SUD data submitted to MHDO for calendar year 2022, the behavioral health care percentage of total reported health care payments was 13.0% 13.1% across payors 8.0% for commercial payors, 32.0%-33.3% for MaineCare, and 3.4% for Medicare. The behavioral health care spending percentage for MaineCare included removing an estimated portion of MaineCare's non-claims payments that may have been for LTSS, which were estimated as a range.
- Compared to 2021, the percent of behavioral health payments of total medical payments changed for commercial payors (from 7.3% in 2021 to 8.0% in 2022) and for MaineCare (from 30.3-31.5% in 2021 to 32.0-33.3% in 2022) and Medicare (3.3% in 2021; 3.4% in 2022). Across payors, behavioral health spending accounted for approximately 13% of total spending in 2022 up from 12% in 2021.
- Year- to- year differences in behavioral health spending levels relative to total medical spending may be due to changes in enrollment and/or changes in the health needs of the insured members (e.g. see Table 2 for changes in member enrollment and behavioral health care utilization).
- Total non-claims-based payments reported to MHDO for all payor categories in CY 2022 were \$698 -\$784M (\$640 - \$726M for MaineCare, \$24M for Medicare Advantage, and \$34M for commercial payors), which increased by 14% from total non-claims in 2021 (\$614 - \$690). Of these 2022 total nonclaims-based payments, behavioral health care-related payments represented \$7M or 19.6% of total non-claims payments for commercial payors (up from 13.9% in 2021) and \$206M or 28.4% - 32.2% of MaineCare's total non-claims (up from 30.3% - 31.5% in 2021).
- For commercial payors SUD (\$76M) and non-claims (\$7M) payments in 2022 accounted for nearly half (49%) of all commercial payments (both claims and non-claims) submitted to MHDO and accounted for most of the increase in commercial payors' behavioral health percent spending in 2022.

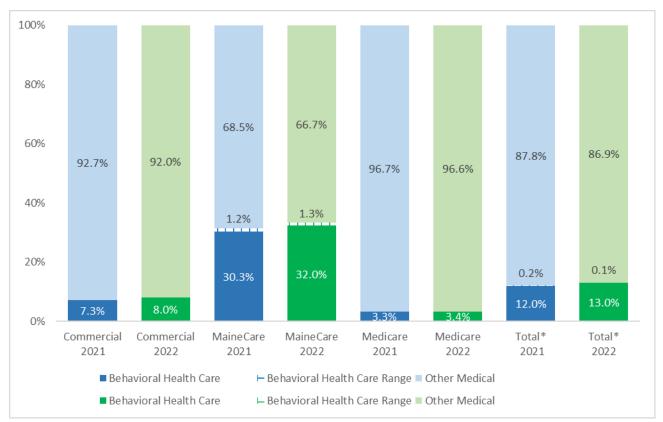


Chart 1. Estimated Behavioral Health Payments as a Percentage of Total Payments by Payor, 2021-2022

\* Total (Commercial, MaineCare, Medicare

Data Source: MHDO 2021-2022 APCD claims data and USM's MaineCare data repository, SUD redacted data, non-claims-based payments

# Table 1. Medical and Behavioral Health Care Payments and Percent Behavioral Health Care Spending (Claims, Non-Claims, SUD), CY 2021-2022

-			CY 2021			CY 2022			
	Total Reported Dollars (M millions	Behavioral Health Care (M Millions)	% Behavioral Health Care	Total Reported Dollars (M Millions	Behavioral Health Care (M Millions)	% Behavioral Health Care			
Payor Category	B Billions)			B Billions)					
Commercial	¢4.000	60214	4.20/	<u> </u>	60014	4.20/			
Claims	\$1.98B	\$83M	4.2%	\$2.02B	\$88M	4.3%			
Non-claims	\$40M	\$6M	13.9%	\$34M	\$7M	19.6%			
SUD	\$64M	\$64M	100.0%*	\$76M	\$76M	100.0%*			
Total Reported	\$2.09B	\$153M	7.3%	\$2.13B	\$171M	8.0%			
SEHC									
Claims	\$162M	\$7M	4.2%	\$155M	\$7M	4.3%			
Non-claims	\$1M	\$0M	0.0%	\$2M	\$0M	0.0%			
SUD	\$5M	\$5M	100.0%*	\$6M	\$6M	100.0%*			
Total Reported	\$168M	\$12M	7.0%	\$162M	\$12M	7.6%			
MEABT									
Claims	\$320M	\$16M	5.1%	\$323M	\$16M	5.1%			
Non-claims	\$3M	\$0M	0.0%	\$3M	\$0M	0.0%			
SUD	\$9M	\$9M	100.0%*	\$11M	\$11M	100.0%*			
Total Reported	\$332M	\$25M	7.5%	\$337M	\$27M	8.1%			
MaineCare									
Claims	\$1.40B	\$452M	32.4%	\$1.48B	\$499M	33.8%			
Non-claims	\$573 - \$649^M	\$168M	25.8% - 29.3%	\$640-\$726^M	\$206M	28.4%-32.2%			
SUD^^	Included in claims	Included in claims	100.0%	Included in claims	Included in claims	100.0%			
Total Reported	\$1.97B - \$2.05B	\$620M	30.3% - 31.5%	\$2.12-\$2.20B	\$705M	32.0-33.3%			
Medicare (Origina	al and Medicare	Advantage)**							
Claims	\$3.15B	\$86M	2.7%	\$3.24B	\$84M	2.6%			
Non-claims**	\$1M	\$0M	0.0%	\$24M	\$5M	19.7%			
SUD**	\$19M	\$19M	100.0%	\$24M	\$24M	100.0%			
Total Reported	\$3.17B	\$105M	3.3%	\$3.29B	\$112M	3.4%			
Total (Commercia	al, MaineCare, M	edicare) <sup>‡</sup>							
Claims	\$6.53B	\$622M	9.5%	\$6.74B	\$671M	9.9%			
Non-claims	\$614-\$690M	\$173M	25.1%-28.2%	\$698-\$784M	\$218M	27.8%-31.2%			
SUD	\$83M	\$83M	100.0%	\$100M	\$100M	100.0%			
Total	\$7.23-\$7.30B	\$878M	12.0%-12.2%	\$7.54-\$7.62B	\$988M	13.0%-13.1%			

Data Source: MHDO 2021-2022 APCD claims data and USM's MaineCare data repository, SUD redacted data, non-claims-based payments. SEHC = State Employee Health Commission; MEABT = Maine Education Association Benefits Trust; SEHC and MEABT are reported separately as required by PL Chapter 603 and are also included in the payor category Commercial

\* All SUD supplemental payments are for the treatment of substance use conditions included in the definition of Behavioral Health.

^ The total non-claims information reported by MaineCare per current Chapter 247 requirements includes payments for long term services and supports (LTSS). To have estimates comparable to other payors, we removed an estimated portion of MaineCare total non-claims payments that may have been for LTSS.

#### ^^ MaineCare SUD payments are included in claims.

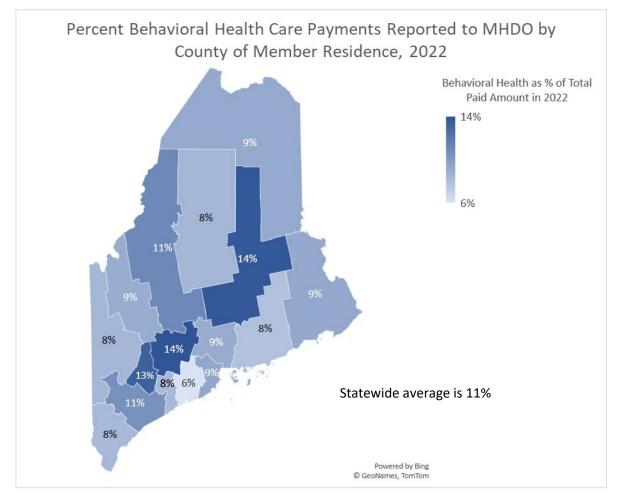
\*\*Medicare estimates include both original and Medicare Advantage claims payments. Original Medicare is not subject to requirements in Chapter 247, thus SUD and non-claims-based payments are only available for Medicare Advantage plans. Medicare non-claims estimated ranges are based on Medicare Advantage plan data reported to MHDO.

<sup>‡</sup> Totals reflect the sum of the payors reporting data to MHDO, which includes public payors and the majority of commercial payors and does not reflect total primary care and healthcare spending in the state.

#### **Geographic Variation in Behavioral Health Care Spending Estimates**

Figure 1 shows variation in the portion of claims payments related to behavioral health care reported to MHDO, from a low of 6% in Lincoln County to a high of 14% in Kennebec and Penobscot Counties. Generally, more highly populated counties (Kennebec, Penobscot, Androscoggin, and Cumberland) with more mental health services available had higher rates of behavioral health spending than rural counties.

#### Figure 1



MHDO 2022 APCD claims data and USM's MaineCare data repository

# Part II: Utilization of Behavioral Health Services

Various factors contribute to the behavioral health care spending estimates reported including changes in the insured population's behavioral health needs and access to behavioral health services. Several national studies have identified an increased need for and use of behavioral health services both in the Medicaid and commercial populations during COVID that have persisted even after the public health emergency has ended.<sup>4-8</sup>

To begin to assess if changes in behavioral health care utilization by insured persons in Maine has changed, new this year, we analyzed the proportion of insured members who accessed behavioral health care defined as having at least one behavioral health claim with a service date in 2021 or 2022 using newly available unique deidentified member IDs in MHDO APCD data to identify the same person across payors. The number of enrolled members by payor includes any member that had full medical insurance coverage for any month in 2021 or 2022. As some Maine residents may have been fully covered by more than one payor (i.e., the dually eligible<sup>§</sup> or Medicare Supplement plans), members enrolled at any month of the year may be duplicated across payors.

Table 2 shows the total enrolled members by payor category and the percentage of members that had at least one behavioral health claim in 2021 and 2022. Consistent with regional and national trends,<sup>9-12</sup> between 2021 and 2022, the commercially-insured enrollment reported to MHDO declined by approximately 4% or 16,354 members, while the number of MaineCare eligible members increased by 8% or 27,351 members likely due to the federally mandated Medicaid continuous coverage requirement during the COVID-19 public health emergency and other MaineCare benefit expansions. Medicare membership remained constant.

In 2022, one third (32%) of members eligible for MaineCare had at least one behavioral health claim, similar to 2021 rates. This was more than twice as high as the percentage of commercially insured (17%) or Medicare eligible (15%) members that had at least one behavioral health claim.

		2021		2022		
Payor	Members with a Behavioral Health Claim	Enrolled Members	% Members Utilizing Behavioral Health	Members with a Behavioral Health Claim	Enrolled Members	% Members Utilizing Behavioral Health
Commercial	71,915	441,324	16%	72,820	424,970	17%
MaineCare	118,698	356,729	33%	121,089	384,080	32%
Medicare	60,455	414,510	15%	62,077	414,456	15%

#### Table 2. Percent of Insured Members with Behavioral Health Claims by Payor, 2021-2022

Data Source: MHDO 2021-2022 APCD claims data and USM's MaineCare data repository

\* Members may be counted in more than one payor category because they may be enrolled in multiple payors (approximately 10% of members in MHDO's data) or they could change payors during the year.

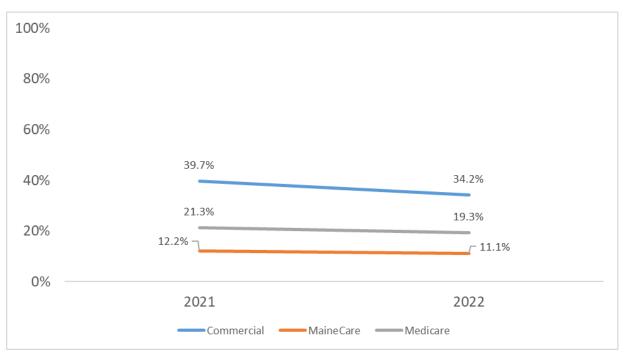
<sup>&</sup>lt;sup>§</sup> Dually eligible members are people enrolled in both Medicare and MaineCare who are eligible by virtue of their age or disability and low income.

# Part III. Telehealth and Consumer Cost-Share Claims Analyses

## Tele-Behavioral Health Claims Analysis

For the purposes of this report, we have defined telehealth broadly to encompass telecommunication technologies to provider health service from a distance including video/audio conferencing from a patient's home or medical office/facility, remote patient monitoring, and provider communications/E-consults. See *Appendix D* for the full list of telehealth procedure codes included. Use of tele-behavioral health to treat people with mental health and substance use conditions increased substantially during the COVID pandemic nationally and has continued post-pandemic.<sup>13,14</sup> The increased use of telehealth and tele- behavioral health during the pandemic was due to telehealth payment leniencies by Medicare, Medicaid and commercial payors during the COVID-19 public health emergency (PHE) to support greater access to care when in-person services were not available.<sup>\*\*</sup>

As shown in Chart 2, in 2022 34.2% of commercial payor behavioral health payments (excluding SUD redacted claims) were for tele-behavioral health, compared to 39.7% in 2021. MaineCare and Medicare's rates of telebehavioral remained largely the same between 2021 and 2022, Medicare 19.3% in 2022 down from 21.3% in 2021; and MaineCare 11.1% in 2022 down from 12.2% in 2021. Declines in tele-behavioral health payments for the commercial payors are consistent with national trends and may be associated with commercial payors not extending some COVID telehealth-behavioral health payment flexibilities after the end of the public health emergency (PHE).<sup>15-18</sup>



## Chart 2. Telehealth Percent of Behavioral Health Care Paid Amount, 2021-2022

Data Source: MHDO 2021-2022 APCD claims data and USM's MaineCare data repository

<sup>&</sup>lt;sup>\*\*</sup> Prior to COVID-19, Medicare and most payors did not cover telehealth modality except in rural areas and for specific services and providers under certain conditions. MaineCare had much more comprehensive telehealth coverage but still had restrictions (e.g., in-person visit first, and audio only limits). At the start of the pandemic, Medicare and MaineCare basically extended telehealth coverage for all services, all providers, waiver consents/HIPAA requirements. Insurance rules in Maine were also modified to require commercial payors to cover telehealth and reimburse at the same rate as in-person.

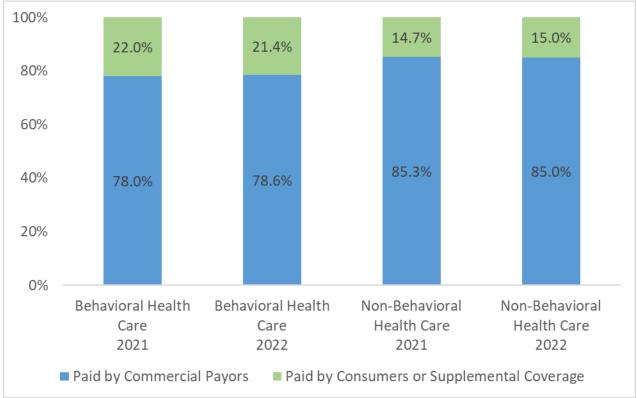
# Commercial Payors Share and Consumer Payments for Behavioral Health Care and All Other Medical Expenditures

Chart 3 reflects how claims payments for behavioral health and non-behavioral health care medical expenditures reported in MHDO claims data are shared between commercial payors and the consumer (including consumer's supplemental coverage). This analysis is based on the consumer's cost share in the commercial category as a portion of total allowed amounts (commercial payor paid amounts plus consumer cost share amounts).

Key Findings:

- In 2022, commercial payors paid approximately 79% of the total behavioral health care claims payments, while approximately 21% was paid out-of-pocket by consumers (or their supplemental coverage).
- The consumer share of total behavioral health payments was higher than for non-behavioral health care services, where commercial payors paid 85% of total payments, and consumers (or their supplemental coverage plans) paid 15%.
- The percentage of total behavioral health payments paid by consumers with commercial payors (or supplemental coverage plans) decreased slightly from 22% in 2021 to 21.4% in 2022.

# Chart 3. Percentage of Total Payments Paid by Commercial Payors and Consumers or Supplemental Coverage Plans for Behavioral Health Care and Non-Behavioral Health Care Expenditures, 2021-2022\*



MHDO 2021-2022 APCD claims data and USM's MaineCare data repository

\*Member share of the redacted SUD data not available for inclusion in this analysis.

# **Environmental Scan**

A 2023 report by Freedman Healthcare for the California Health Care Foundation that examined the specifications and methodologies for measuring behavioral health investment used in 13 states<sup>19</sup> revealed considerable variability in:

- What data sources and methods were used. For example, some states use all-payer claims data while others use reporting templates of aggregate data completed by payors.
- What types of services, diagnoses, and professionals were included. Most states reported behavioral health within the context of primary care; and therefore, include only primary care specialties and a limited number of services.
- Only two states (MA and RI) reported behavioral health separately from primary care. For BH, MA included a broad list of providers (e.g., social workers, counselors, psychiatrists) and care settings (e.g., inpatient/residential, correctional facilities), while RI restricted the analysis to specific diagnosis and NDC codes. Both states limited the analyses to claims with a behavioral health primary diagnosis, which is similar to the method MQF used for the 1<sup>st</sup> Annual BH report that we are replicating in this year's report and is also a method used in several other state reports and studies.<sup>20:25</sup>

Other state reports or national studies have assessed other behavioral health indicators including BH prevalence, workforce and/or outcomes associated with BH interventions. Examples include:

- New Hampshire, Virginia, and the Agency for Healthcare Research and Quality (AHRQ) have investigated the prevalence of behavioral health conditions in total or subpopulations (e.g. pediatric population in NH).<sup>21,26,27</sup>
- Examinations of behavioral health utilization by type of service, such as emergency behavioral health services (NH, CO, WA).<sup>20,24,26</sup>
- A study evaluating the changes in access and utilization of behavioral health services when psychologists are integrated into primary care clinics. BH utilization increased by 143% in integrated clinics compared with nonintegrated clinics.<sup>28</sup>
- An Ohio report analyzed demand and supply of behavioral health services by county and type of practitioner. They found a growing unmet need for physicians/osteopaths, advanced practice nurses, social workers, chemical dependency counselors, and counselors.<sup>29</sup>

# **Conclusions and Future Considerations**

Behavioral health spending based on claims data submitted to the MHDO as a percent of total expenditures increased in 2022 compared to 2021 for commercial payors, MaineCare, and Medicare. The adoption of 90-590 Chapter 247, *Uniform Reporting System for Non-Claims Based Payments and Other Supplemental Health Care Data Sets,* and the resulting non-claims payment and SUD data submitted by payors and MaineCare to MHDO has allowed for a more comprehensive estimate of reported behavioral health spending in Maine overall and specifically for commercial payors, for whom SUD payments (\$76M) and non-claims (\$7M) in 2022 accounted for nearly half (49%) of all commercial behavioral health payments, an increase from 2021 that accounted for most of the increase in commercial BH percent spending in 2022.

In December 2023, the MHDO board of directors adopted changes to Chapter 247 which include the recommendation from this work to require payors to report total non-claims-based payments and supplemental SUD payments separately for primary care and behavioral health care as well as in total. This change goes into effect with the payors data submissions to MHDO in 2025, which will further improve the accuracy of estimates in the future.

As noted in our environmental scan of other states, there is no standard definition of Behavioral Health or spending estimates available nationally. Only two other states (i.e. Massachusetts and Rhode Island)<sup>25,30</sup> have produced behavioral health spending estimates, but differences in these states data sources and/or definitions of behavioral health (i.e. inclusion of pharmacy) make comparison with Maine's estimated behavioral health spending difficult.

Some states measure other behavioral health indicators, such as behavioral health condition prevalence in total or by subpopulations (e.g. children and youth), behavioral health access and utilization by type of service or setting, (e.g. ED use), unmet need by geography and provider availability and outcomes associated with integrating BH interventions in primary care.<sup>20,21,24,26-29</sup>

This report begins to investigate how member enrollment, utilization, and county variations in behavioral health spending might be contributing to changes in behavioral health spending. How these factors might contribute to shifts behavioral health or total spending requires further research and analysis. Future reports may want to explore other metrics (e.g. workforce capacity, utilization, and access) that could be useful for policymakers. To do this we would redirect the resources used to produce the annual spending report. We would welcome the opportunity to discuss the needs and opportunities for future reporting on behavioral health care in Maine.

# **Attachments: Supporting Documentation**

- A. Public Law Chapter 603
- B. Review of Behavioral Health Care Reports and Studies
- C. Methodology for Estimating Behavioral Health Care Spending
- D. Codes Used in Behavioral Health Spending Analyses
- E. <u>Endnotes</u>

#### Attachment A – Public Law Chapter 603

APPROVED APRIL 14, 2022 BY GOVERNOR CHAPTER 603 PUBLIC LAW

STATE OF MAINE

#### IN THE YEAR OF OUR LORD

#### TWO THOUSAND TWENTY-TWO

#### H.P. 874 - L.D. 1196

#### An Act Regarding Reporting on Spending for Behavioral Health Care Services and To Clarify Requirements for Credentialing by Health Insurance Carriers

Be it enacted by the People of the State of Maine as follows:

PART A

#### Sec. A-1. 24-A MRSA §6903, sub-§1-A is enacted to read:

1-A. Behavioral health care. "Behavioral health care" means services to address mental health and substance use conditions.

Sec. A-2. 24-A MRSA §6951, sub-§13 is enacted to read:

13. Behavioral health care reporting. Beginning January 15, 2023 and annually thereafter, the forum shall submit to the Department of Health and Human Services and the joint standing committee of the Legislature having jurisdiction over health coverage and health insurance matters a report on behavioral health care spending using claims data from the Maine Health Data Organization and information on the methods used to reimburse behavioral health care providers requested annually from payors. As used in this subsection, "payor" has the same meaning as in Title 22, section 8702, subsection 8. The report must include:

A. Of their respective total medical expenditures, the percentage paid for behavioral health care by commercial insurers, the MaineCare program, Medicare, the organization that administers health insurance for state employees and the Maine Education Association benefits trust and the average percentage of total medical expenditures paid for behavioral health care across all payors;

B. The total behavioral health care-related nonclaims-based payments and associated member months;

C. The total payments associated with substance use disorder services that are redacted from the payor's claims data submissions to the Maine Health Data Organization as required under 42 Code of Federal Regulations, Part 2, the methods used to redact the substance use disorder claims, the specific code lists that are used for procedure codes,

Page 1 - 130LR0740(03)

revenue codes and diagnosis codes, provider types and any other detail on the claim that is required to select the substance use disorder redacted claim; and

D. The methods used by commercial insurers, the MaineCare program, Medicare, the organization that administers health insurance for state employees and the Maine Education Association benefits trust to pay for behavioral health care.

Within 60 days of a request from the Maine Health Data Organization, a payor shall provide the supplemental datasets specific to payments for behavioral health care services necessary to provide the information required in paragraphs B and C. In its request to a payor, the organization shall specify the time period for which the data is requested and define the datasets requested to ensure uniformity in the data submitted by payors.

Sec. A-3. Maine Quality Forum to conduct health spending reporting study. The Maine Quality Forum, established in the Maine Revised Statutes, Title 24-A, section 6951, shall consult with other state and national agencies and organizations to determine the best practices for reporting spending on behavioral health care by insurers. For purposes of this section, "behavioral health care" means services to address mental health and substance use conditions.

#### PART B

Sec. B-1. 24-A MRSA §4303, sub-§2, ¶D, as amended by PL 2015, c. 84, §1, is further amended to read:

D. A carrier shall make credentialing decisions, including those granting or denying credentials, within 60 days of receipt of a completed credentialing application from a provider. The time period for granting or denying credentials may be extended upon written notification from the carrier within 60 days following submission of a completed application stating that information contained in the application requires additional time for verification. All credentialing decisions must be made within 180 days of receipt of a completed application. For the purposes of this paragraph, an application is completed if the application includes all of the information required by the uniform credentialing application used by carriers and providers in this State, such attachments to that application as required by the carrier at the time of application and all corrections required by the carrier. A Within 30 days of initial receipt of a credentialing application, a carrier shall review the entire application before returning and, if it is incomplete, shall return it to the provider for corrections with a comprehensive list of all corrections needed at the time the application is first returned to the provider. A carrier may not require that a provider have a home address within the State before accepting an application. A carrier that is unable to make a credentialing decision on a completed credentialing application within the 60-day period as required in this paragraph shall notify the bureau in writing prior to the expiration of the 60-day period on that application and request authorization for an extension on that application. A carrier that requests an extension shall also submit to the bureau an explanation of the reasons why the credentialing decision on an application is taking longer than is permitted or, if the problem is not specific to a particular application, a written remediation plan to bring the carrier's credentialing practices in line with the 60-day limit in this paragraph.

Page 2 - 130LR0740(03)

	Data Source	Methodology	Measured BH Spend	Other BH Measures	
CO <sup>20</sup>	APCD	<ul> <li>Both inpatient and outpatient facility claims (2016 – 2021) with an emergency room flag indicator were included. Of those, only claims with a primary diagnosis of mental health or intentional self-harm (ICD-10 codes) were incorporated.</li> <li>All commercial, Medicaid, Medicare Fee-for-</li> </ul>	No	Utilization, cost, and trends for visits to the ED	
		Service, and Medicare Advantage payer claims were included.			
MA <sup><u>31</u></sup>	Membership and expenditure data at the managing physician group level from 17 commercial health plans with commercial, Medicaid MCO/ACO-A, Medicare Advantage, SCO, PACE, and One Care lines of business.	<ul> <li>Medical claims with a principal behavioral health diagnosis (ICD-10) and using combinations of procedure codes, place of service (POS) or revenue codes, and provider types.</li> <li>Non-claims spending was allocated into five non-claims payment categories (incentive payments, capitation, risk settlements, care management, and other).</li> </ul>	Yes	<ul> <li>BH analysis categories include: outpatient, inpatient, ED- observation, non-claims capitation, other (total expenditures and PMPM), non- claims other (total ex., PMPM), non-claims risk settlement (total &amp; PMPM), non-claims incentive payments (total &amp; PMPM)</li> <li>Interactive dashboards cover both primary care and behavioral health spending.</li> </ul>	
NH <sup>26</sup>	APCD, and NH DHHS's Enterprise Business Intelligence (EBI) Data System	<ul> <li>Used ICD-10 diagnosis codes were used to determine the utilization, volume, and distribution of specific integrated care codes by provider county and number of billing providers, from 2019 to 2021.</li> </ul>	No	The prevalence of pediatric mental health conditions, utilization relative to number of providers.	

# Attachment B – Review of Behavioral Health Care Reports and Studies

	Data Source	Methodology	Measured BH Spend	Other BH Measures
ОН <sup>29</sup>	Ohio-specific claims data from Medicaid and OH Department of Mental Health and Addiction Services (MHAS); State- specific licensing, education, and demographic data	<ul> <li>Rendering, Performing, or Attending Provider Type Codes were used to classify the practitioner type.</li> <li>The ICD-10 diagnosis codes were used to classify a claim in Medicaid and Ohio MHAS datasets as MH or SUD.</li> </ul>	No	Workforce (forecast demand and supply for behavioral health services across the state for each county and practitioner).
RI <sup><u>30</u></sup>	APCD	<ul> <li>Rhode Island measures behavioral health investment across all clinical care services using diagnosis (ICD-10 classification system) and NDC codes associated with mental health disorders.</li> <li>Interactive dashboards are available that enable users to compare spending and utilization measures by diagnosis category, with a focus on identifying mental health disorders that represent a significant proportion of total spending in Rhode Island.</li> </ul>	Yes	The dashboard also highlights variations in utilization and spending by age group, gender, market (including commercial insurance, Medicaid, and Medicare Advantage), and service category or care setting.
<b>VA</b> <sup>21</sup>	APCD	<ul> <li>ICD10 diagnosis codes with a primary diagnosis for MH and SUD.</li> <li>Prescription drug spending included.</li> <li>Spending by MH and SUD category (e.g. mood disorders, anxiety disorders, alcohol-related disorders, substance-related disorders, etc.) and place of service (school, community mental health, home, office, etc.).</li> </ul>	Yes	Prevalence of MI and SUD in adults.

	Data Source	Methodology	Measured BH Spend	Other BH Measures
WA <sup>24</sup>	APCD	<ul> <li>Limited to claims with a primary diagnosis of mental health, substance use disorder, or suicide / self-harm. ICD10 codes based on SAMHSA's Mental Health Annual Report 2015.</li> <li>They had a broad and narrow definition which differed around inclusion of Crisis services:         <ul> <li>Narrow definition – includes crisis service codes only.</li> <li>Broad definition – includes codes that may not always be considered crisis (e.g., inpatient taxonomy codes).</li> </ul> </li> </ul>	Yes	<ul> <li>The type of service utilized and the setting within which it was provided.</li> <li>Whether the services are provided by in-network or out- of-network providers.</li> <li>Geographic variation in service utilization.</li> </ul>
Condon et. al. / Freeman Health Care (2023) <sup>19</sup>	BH and PC investment reports that are publicly available on state government websites and interviews with reporting states.	FHC identified 13 states (CO, CT, DE, ME, MD, MA, NY, OR, RI, TX, UT, VT, and WA) that define and measure behavioral health investment. The report summarizes the measurement specifications and methods used by each state.	Yes	In its analysis, FHC identified three categories of investment — clinical care, social supports, and "other," including workforce development and other administrative costs.
Davenport et. al. / Milliman (2020) <sup>23</sup>	<ul> <li>2017 IBM<sup>®</sup> Watson MarketScan<sup>®</sup> Commercial Claims and Encounters Database</li> <li>2017 Milliman Consolidated Health Cost Guidelines<sup>™</sup> Database</li> </ul>	<ol> <li>Individuals who met one of these four criteria were included:</li> <li>Patients diagnosed with least one BH condition in any position on the claim over the course of the calendar year. Included any codes in the F series.</li> <li>Patients who used behavioral drugs.</li> <li>Patients with costs for BH services on the claim or that are provided by BH professionals, including inpatient admissions with a DRG related to BH, admissions to residential facilities for MH or SUD disorders, partial hospitalization, or intensive outpatient programs, as well as professional services that are specific to BH,</li> </ol>	Yes	Characteristics of total healthcare costs for all patients, and for high- cost patients, with a focus on the role played by BH conditions and treatment.

	Data Source	Methodology	Measured BH Spend	Other BH Measures
		<ul> <li>excluding screenings and evaluations that do not produce any BH diagnoses; and allowed costs of BH drugs.</li> <li>4) Patients with attempted suicide or self-harm.</li> </ul>		
Friedman et. al (2022) <sup>32</sup>	Claims data, self-reported subscriber demographic data provided by Optum Insight and hospital supply by state from the Area Health Resource File provided by HRSA.	Claims data from a national managed behavioral health organization's employer-sponsored insurance were used to calculate inflation adjusted annual balance billing—the submitted amount minus the allowed amount and any discounts offered by the provider.	No	Estimated balance billing for out-of- network behavioral health claims and subscriber characteristics associated with higher billing.
Hostutler et al. (2023) <sup>28</sup>	electronic health record data warehouse	Study integrated BH in 4 of 12 primary care clinics within an academic health system and compared changes in access and utilization to BH services over time.	No	Demographic characteristic (race/ethnicity), utilization of BH services, access to services (wait times) of integrated PC clinics compared to non-integrated PC clinics.
Soni/AHRQ (2022) <sup>27</sup>	Household Component of the Medical Expenditure Panel Survey (MEPS-HC)	The conditions reported by respondents were coded by professional coders to fully specified ICD-10-CM codes. Conditions with CCSR codes MBD000-MBD034 (including mental, behavioral, neurodevelopmental disorders as well as opioid-, alcohol-, and substance abuse-related conditions) were used in this Brief.	Yes	Healthcare utilization for the treatment of mental disorders among adults ages 18 and older.

# Attachment C - Methodology for Estimating Behavioral Health Spending

To determine the percentage of total healthcare payor payments that support behavioral health care in Maine, we used the Maine Health Data Organization's (MHDO) all-payer claims data (APCD) for claims-based payments from commercial payors and Medicare. The calculations for MaineCare (Medicaid) were based on a separate source of MaineCare claims containing the additional fields necessary to identify Long Term Support Services (LTSS). We removed LTSS payments from the calculations of both the total claims-based payment (the denominator) and the behavioral health care amount (the numerator) because they are not comparable to anything on the commercial or Medicare side.

We added information collected from payors about payments made outside of claims (non-claims-based payments), as well as information about claims that were redacted by payors per interpretation of the federal requirements defined in 42 CFR Part 2 substance use disorders (SUD) before submission to the MHDO due to SUD-related codes. This information was collected to support both the Primary Care report and this Behavioral Health Care report.

**Non-Claims Data:** As required by Chapter 247, *Uniform Reporting System for Non-Claims Based Payments and Other Supplemental Health Care Data Sets,* payors are to report annually to MHDO the amounts paid to healthcare providers that are not included in claims submissions to the MHDO.<sup>3</sup> Non-claims payments are submitted in total and by payments specific to primary care and behavioral health care providers for 2021 going forward.

For total behavioral health care spending estimates in 2021 and 2022, we added non-claims data, which was submitted by the majority of payors (those that account for 95% of the claims-reported dollars), to claims-based behavioral health care and total dollars to estimate total behavioral health care spending.

Total non-claims aggregate payments reported by MaineCare included payments for LTSS (long-term services and supports), which have been excluded from the denominator in the claims-based analyses. To calculate behavioral health care as a percent of total medical (non-LTSS) payments, we estimated (based on estimates provided by the Office of MaineCare Services) the portion of non-claims-based payments that were LTSS. These estimates resulted in some uncertainty in the overall percent behavioral health care for MaineCare.

Finally, CMS does not report non-claims-based payments, so those could not be included in the calculation for Medicare. SUD claims are included in the information CMS sends to the MHDO APCD. Medicare Advantage plans, which are operated by commercial payors, did report both aggregated non-claims-based payments and aggregated SUD redacted payments.

Claims Data: For this report, a claim was determined to represent behavioral health care if it had one of the following:

- A primary diagnosis indicating that the purpose of the treatment was to address a behavioral health issue;
- A rendering provider whose taxonomy code is mostly associated with behavioral health primary diagnoses.

Using both rules (meaning a claim that meets either of the above criteria is considered behavioral health) is necessary because of ambiguous diagnoses such as Z5189 [Encounter for other specified aftercare], which occurs quite frequently among providers who are mostly associated with behavioral health care diagnoses.

The list of ICD-10 diagnosis codes considered behavioral health is compiled from multiple sources and cross-referenced with SAMHSA (Substance Abuse and Mental Health Services Administration) materials. ICD-10 is

based on a categorization that groups almost all behavioral health diagnoses into the series of codes starting with F. For this report, based on advice from SAMHSA and the Behavioral Health Spending Advisory Committee, we removed codes for Dementia and Developmental Disabilities, as these were determined to be more medical than behavioral. We added codes for Intentional Self-Harm (selected codes from the X and T series in ICD-10).

See Attachment E for the list of ICD-10 codes included in the behavioral health definition. The list of taxonomy codes for whom any claim, regardless of diagnosis code, was considered behavioral health is shown in *Attachment E*. These taxonomy codes had 70% or more of their claim dollars in the years 2019-2022 associated with a primary diagnosis in the list above.

Since the third annual primary care spending report was mandated, legislation was passed to report on Behavioral Health Spending in Maine (Public Law 2021, Ch 603).<sup>1</sup> The primary care spending and the behavioral health spending reports are separate reports. Note that some services provided by a primary care provider as defined by the list of Primary Care taxonomy codes and/or service codes also have a primary diagnosis of behavioral health and therefore will be part of both calculations. Seven percent of commercial behavioral health care was delivered by a Primary Care provider and 10% for MaineCare. For Medicare, the figure is higher, at 15%.

Understanding consumer cost-sharing is relevant in reporting total payments for behavioral health. The challenge in measuring consumer cost sharing in all-payer claims data is that the amount that the primary claims processor assigns to the consumer may be paid by additional benefits the consumer has, such as a supplemental plan or membership in two primary plans. This kind of overlap is likely to be particularly large for the population covered by both Medicare and MaineCare, also known as the dually eligible, where MaineCare covers most or all of the members' Medicare out of pocket expenses. As entered in the APCD, the primary claim shows any amount owed to the provider that the plan does not cover as a consumer expense. Secondary processing may show those same amounts paid by another plan on a separate claim making it difficult to isolate which payments are actually paid by consumers. Since Medicare and MaineCare eligible beneficiaries are more likely to have supplemental policies, we focused our consumer cost-sharing analysis on commercial claims only.

# **Data Source**

Information for calendar year 2022 from Maine's APCD maintained by the MHDO was used to calculate the claims-based portion of overall behavioral health spending for commercial payors and Medicare. The Maine APCD contains claims and enrollment information for commercial insurance carriers, third party administrators, pharmacy benefit managers, dental benefit administrators, MaineCare, and Medicare.<sup>vi</sup> Only medical claims (not dental or pharmacy) were included in the total for this study. The Maine APCD does not have the information necessary to separate LTSS from medical services among claims with a behavioral health diagnosis, so a different source of MaineCare claims was used for this Behavioral Health report.

The submission of claims data to the MHDO is governed under the terms and conditions defined in 90-590 CMR Chapter 243, Uniform Reporting System for Health Care Claims Data Sets.<sup>2</sup>

As defined in 90-590 CMR Chapter 243, MHDO's APCD does not include claims information from:

- Claims processors with less than \$2 million per calendar year of Maine adjusted premiums or claims processed;<sup>vii</sup>
- Claims for health care policies issued for specific diseases, accident, injury, hospital indemnity, disability,

<sup>&</sup>lt;sup>vi</sup> Medicare Advantage plans and regular fee-for-service Medicare are included.

<sup>&</sup>lt;sup>vii</sup> With the exception of self-funded ERISA plans which are not required to report but may voluntarily submit their data. *Gobeille v. Liberty Mutual Insurance Company*, US Supreme Court Decision that Employee Retirement Income Security Act (ERISA) standards preempt state reporting requirements.

long-term care, vision, viii coverage of durable medical equipment;

- Claims related to Medicare supplemental, <sup>ix</sup> and Tricare supplemental; and
- Claims for workplace injuries covered by worker's compensation insurance.

The self-funded ERISA plans in Maine are exempt from the state mandate to submit information to the MHDO due to a Supreme Court ruling,<sup>x</sup> but many of the largest self-funded ERISA plans in the State voluntarily submit claims data to the MHDO.

Additionally, the APCD does not include information about Mainers who are uninsured or any health care that is not covered by insurance.

Maine's APCD is a large representative sample of data as it includes claims data for approximately 90% of Maine's insured population including 100% of Medicare and MaineCare claims for Maine members and approximately 70% of the commercially insured population in Maine.

This study used medical claims (CY 2022), excluding dental and pharmacy claims. Long-term services and support (LTSS) are excluded from MaineCare claims. The MaineCare LTSS definition used for this report aligns with the Office of MaineCare Services (OMS) definition of LTSS used in their alternative payment methodology (APM). Policy sections from the MaineCare Benefits Manual (MBM) in Table 2 were considered LTSS.<sup>33</sup>

## **Table 3. MaineCare LTSS Policy Sections**

Section	Title
2	Adult Family Care Services
12	Consumer Directed Attendant Services
18	Home and Community-Based Services (HCBS) for Adults with Brain Injury
19	Home and Community Benefits (HCBS) for the Elderly and Adults with Disabilities
20	Home and Community Based Services (HCBS) for Adults with Other Related Conditions
21	Home and Community Benefits (HCBS) for Members with Intellectual Disabilities or Autism Spectrum Disorder
26	Day Health Services
29	Support Services for Adults with Intellectual Disabilities or Autism Spectrum Disorder
40	Home Health Services
50	ICF-MR Services
67	Nursing Facility Services
96	Private Duty Nursing and Personal Care Services
97	Private Non-Medical Institution Services (PNMI) Appendix C and F
102	Rehabilitative Services

viii Quality review of the data has identified the submission of some of these types of plans. We have deleted these from this analysis.

<sup>&</sup>lt;sup>ix</sup> Quality review of the data has identified the submission of some of these types of plans. We have deleted these from this analysis.

<sup>\*</sup> *Gobeille v. Liberty Mutual Insurance Company,* US Supreme Court Decision that Employee Retirement Income Security Act (ERISA) standards preempt state reporting requirements.

The MHDO's APCD contains information about the payor for the health care service. This information was used to categorize claims paid for the following populations: commercial (excluding Medicare Advantage); and Medicare (including both Medicare Advantage and Fee-for-service plans). Additionally, as required by the legislation, claims for two plan sponsors were tabulated: the Maine Education Association Benefit Trust (MEABT) and the State Employee Health Commission (SEHC). Information on claims for MaineCare came from the Muskie School data warehouse containing MaineCare administrative data including claims, member enrollment and provider information. Muskie receives a monthly feed for the data repository, from the MaineCare program, to update all paid claims, provider and enrollment information from the prior month.

# Behavioral Health Provider Identification

Medical claims contain identifiers (National Provider Identifiers (NPI)) for multiple levels of providers. To determine whether the main provider of a claim met the definition of a behavioral health provider, the billing, servicing, rendering and operating provider NPIs were examined to find an Individual provider and their primary taxonomy code. If all of those providers were organizations, the servicing provider was used as the main provider. Once a single provider was identified for each claim, the taxonomy code (medical specialty of the provider) was determined using a copy of the National Plan and Provider Enumeration System (NPPES) database maintained in the MHDO Enclave data management system (updated 10/2023).

If the taxonomy code of the provider had 70% or more of their payments in 2019 – 2022 from claims with a behavioral health primary diagnosis, all of that provider's claims were considered behavioral health. As noted above, this was to ensure the inclusion of claims with ambiguous diagnoses.

# Identification of Telehealth Delivered Services

Claim lines associated with delivery of services via telehealth were identified using specific procedure code modifiers, place of service (POS) codes or procedure codes (e.g. HEDIS, CMS, MaineCare) and are shown in *Attachment D*. The costs on these claim lines were attributed to telehealth delivery.

# **Identification of Costs**

As mandated by the legislation, medical and behavioral health care costs identified in this study include payments by payors for claims incurred during the measurement year. For the payors that provided the information, non-claims-based payments were added to their estimates.<sup>xi</sup> The denominator, or base for the calculation of behavioral health percentage, was the sum of payor paid amounts for all medical (not pharmacy or dental) claims used in this study (see *Data Source*, above) plus non-claims based and SUD redacted amounts.

The behavioral health amount (the numerator of the percentage calculation) is the sum of the payor paid amounts on claim lines that met the definition criteria for behavioral health plus the portions of non-claims payments for behavioral health) and all the SUD redacted claims.

# Percent of Members with Behavioral Health Care

New to the report this year is an analysis showing the proportion of eligible members who received care for a behavioral health diagnosis or from a behavioral health provider in 2022. This calculation relied on the Person ID in the MHDO APCD, which uses identification information available only to the MHDO and not made public to assign a unique anonymous identifier to the same person across changes in coverage. The number of eligible members is just the number of distinct Person IDs who were eligible for any primary medical coverage in 2022, regardless of the number of months of eligibility.

<sup>&</sup>lt;sup>xi</sup> MaineCare non-claims-based payments included Prospective Interim and Supplemental Payments to critical access and select general acute care and Institutions for Mental Disease (IMD) hospitals.

## Behavioral Health Care by County

Another new analysis breaks down the overall percentage of claims-based payments going to behavioral health care to the county level. Both the total medical amount paid by payors through claims and the amount paid for behavioral health care on those claims were assigned to the county of the member's residence. The calculation excludes payments associated with members whose residence is unknown or out of state (a tiny portion of the total APCD). It does not factor in any non-claims-based payments.

# Attachment D – Codes Used in Behavioral Health Spending Analyses

<b>ICD-10 Diagnosis</b>	Codes	Included in	<b>Behavioral</b>	Health Definition
0				

ICD-10 Code	Description
F0631	Mood disorder due to known physiol cond w depressv features
F0632	Mood disord d/t physiol cond w major depressive-like epsd
F0633	Mood disorder due to known physiol cond w manic features
F0634	Mood disorder due to known physiol cond w mixed features
F10	Alcohol related disorders
F101	Alcohol abuse
F1010	Alcohol abuse, uncomplicated
F1011	Alcohol abuse, in remission
F10120	Alcohol abuse with intoxication, uncomplicated
F10121	Alcohol abuse with intoxication delirium
F10129	Alcohol abuse with intoxication, unspecified
F10130	Alcohol abuse with withdrawal, uncomplicated
F10131	Alcohol abuse with withdrawal delirium
F10132	Alcohol abuse with withdrawal with perceptual disturbance
F10139	Alcohol abuse with withdrawal, unspecified
F1014	Alcohol abuse with alcohol-induced mood disorder
F10150	Alcohol abuse w alcoh-induce psychotic disorder w delusions
F10151	Alcohol abuse w alcoh-induce psychotic disorder w hallucin
F10159	Alcohol abuse with alcohol-induced psychotic disorder, unsp
F10180	Alcohol abuse with alcohol-induced anxiety disorder
F10182	Alcohol abuse with alcohol-induced sleep disorder
F10188	Alcohol abuse with other alcohol-induced disorder
F1019	Alcohol abuse with unspecified alcohol-induced disorder
F102	Alcohol dependence
F1020	Alcohol dependence, uncomplicated
F1021	Alcohol dependence, in remission
F10220	Alcohol dependence with intoxication, uncomplicated
F10221	Alcohol dependence with intoxication delirium
F10229	Alcohol dependence with intoxication, unspecified

ICD-10 Code	Description
F10230	Alcohol dependence with withdrawal, uncomplicated
F10231	Alcohol dependence with withdrawal delirium
F10232	Alcohol dependence w withdrawal with perceptual disturbance
F10239	Alcohol dependence with withdrawal, unspecified
F1024	Alcohol dependence with alcohol-induced mood disorder
F10250	Alcohol depend w alcoh-induce psychotic disorder w delusions
F10251	Alcohol depend w alcoh-induce psychotic disorder w hallucin
F10259	Alcohol dependence w alcoh-induce psychotic disorder, unsp
F1026	Alcohol depend w alcoh-induce persisting amnestic disorder
F1027	Alcohol dependence with alcohol-induced persisting dementia
F10280	Alcohol dependence with alcohol-induced anxiety disorder
F10281	Alcohol dependence with alcohol-induced sexual dysfunction
F10282	Alcohol dependence with alcohol-induced sleep disorder
F10288	Alcohol dependence with other alcohol-induced disorder
F1029	Alcohol dependence with unspecified alcohol-induced disorder
F1060	Unknown Dx code
F109	Alcohol use, unspecified
F10920	Alcohol use, unspecified with intoxication, uncomplicated
F10921	Alcohol use, unspecified with intoxication delirium
F10929	Alcohol use, unspecified with intoxication, unspecified
F10930	Alcohol use, unspecified with withdrawal, uncomplicated
F10932	Alcohol use, unspecified with w/drawal w perceptual disturb
F10939	Alcohol use, unspecified with withdrawal, unspecified
F1094	Alcohol use, unspecified with alcohol-induced mood disorder
F10950	Alcohol use, unsp w alcoh-induce psych disorder w delusions
F10951	Alcohol use, unsp w alcoh-induce psych disorder w hallucin
F10959	Alcohol use, unsp w alcohol-induced psychotic disorder, unsp
F1096	Alcohol use, unsp w alcoh-induce persist amnestic disorder
F1097	Alcohol use, unsp with alcohol-induced persisting dementia
F10980	Alcohol use, unsp with alcohol-induced anxiety disorder
F10982	Alcohol use, unspecified with alcohol-induced sleep disorder

ICD-10 Code	Description
F10988	Alcohol use, unspecified with other alcohol-induced disorder
F1099	Alcohol use, unsp with unspecified alcohol-induced disorder
F111	Opioid abuse
F1110	Opioid abuse, uncomplicated
F1111	Opioid abuse, in remission
F11120	Opioid abuse with intoxication, uncomplicated
F11129	Opioid abuse with intoxication, unspecified
F1113	Opioid abuse with withdrawal
F1114	Opioid abuse with opioid-induced mood disorder
F11151	Opioid abuse w opioid-induced psychotic disorder w hallucin
F11188	Opioid abuse with other opioid-induced disorder
F1119	Opioid abuse with unspecified opioid-induced disorder
F112	Opioid dependence
F1120	Opioid dependence, uncomplicated
F1121	Opioid dependence, in remission
F11220	Opioid dependence with intoxication, uncomplicated
F11221	Opioid dependence with intoxication delirium
F11222	Opioid dependence w intoxication with perceptual disturbance
F11229	Opioid dependence with intoxication, unspecified
F1123	Opioid dependence with withdrawal
F1124	Opioid dependence with opioid-induced mood disorder
F11250	Opioid depend w opioid-induc psychotic disorder w delusions
F11251	Opioid depend w opioid-induc psychotic disorder w hallucin
F11259	Opioid dependence w opioid-induced psychotic disorder, unsp
F11282	Opioid dependence with opioid-induced sleep disorder
F11288	Opioid dependence with other opioid-induced disorder
F1129	Opioid dependence with unspecified opioid-induced disorder
F119	Opioid use, unspecified
F1190	Opioid use, unspecified, uncomplicated
F11920	Opioid use, unspecified with intoxication, uncomplicated
F11929	Opioid use, unspecified with intoxication, unspecified

ICD-10 Code	Description
F1193	Opioid use, unspecified with withdrawal
F1194	Opioid use, unspecified with opioid-induced mood disorder
F11951	Opioid use, unsp w opioid-induc psych disorder w hallucin
F11959	Opioid use, unsp w opioid-induced psychotic disorder, unsp
F11982	Opioid use, unspecified with opioid-induced sleep disorder
F11988	Opioid use, unspecified with other opioid-induced disorder
F1199	Opioid use, unsp with unspecified opioid-induced disorder
F1210	Cannabis abuse, uncomplicated
F1211	Cannabis abuse, in remission
F12120	Cannabis abuse with intoxication, uncomplicated
F12121	Cannabis abuse with intoxication delirium
F12129	Cannabis abuse with intoxication, unspecified
F1213	Cannabis abuse with withdrawal
F12150	Cannabis abuse with psychotic disorder with delusions
F12151	Cannabis abuse with psychotic disorder with hallucinations
F12159	Cannabis abuse with psychotic disorder, unspecified
F12180	Cannabis abuse with cannabis-induced anxiety disorder
F12188	Cannabis abuse with other cannabis-induced disorder
F1219	Cannabis abuse with unspecified cannabis-induced disorder
F1220	Cannabis dependence, uncomplicated
F1221	Cannabis dependence, in remission
F12229	Cannabis dependence with intoxication, unspecified
F1223	Cannabis dependence with withdrawal
F12250	Cannabis dependence with psychotic disorder with delusions
F12259	Cannabis dependence with psychotic disorder, unspecified
F12280	Cannabis dependence with cannabis-induced anxiety disorder
F12288	Cannabis dependence with other cannabis-induced disorder
F1229	Cannabis dependence with unsp cannabis-induced disorder
F1290	Cannabis use, unspecified, uncomplicated
F12920	Cannabis use, unspecified with intoxication, uncomplicated
F12921	Cannabis use, unspecified with intoxication delirium

ICD-10 Code	Description
F12922	Cannabis use, unsp w intoxication w perceptual disturbance
F12929	Cannabis use, unspecified with intoxication, unspecified
F1293	Cannabis use, unspecified with withdrawal
F12950	Cannabis use, unsp with psychotic disorder with delusions
F12959	Cannabis use, unsp with psychotic disorder, unspecified
F12980	Cannabis use, unspecified with anxiety disorder
F12988	Cannabis use, unsp with other cannabis-induced disorder
F1299	Cannabis use, unsp with unsp cannabis-induced disorder
F1310	Sedative, hypnotic or anxiolytic abuse, uncomplicated
F1311	Sedative, hypnotic or anxiolytic abuse, in remission
F13129	Sedative, hypnotic or anxiolytic abuse w intoxication, unsp
F13130	Sedatv/hyp/anxiolytc abuse with withdrawal, uncomplicated
F13139	Sedatv/hyp/anxiolytc abuse with withdrawal, unspecified
F1314	Sedative, hypnotic or anxiolytic abuse w mood disorder
F13150	Sedatv/hyp/anxiolytc abuse w psychotic disorder w delusions
F13159	Sedatv/hyp/anxiolytc abuse w psychotic disorder, unsp
F13180	Sedative, hypnotic or anxiolytic abuse w anxiety disorder
F13182	Sedative, hypnotic or anxiolytic abuse w sleep disorder
F1319	Sedative, hypnotic or anxiolytic abuse w unsp disorder
F1320	Sedative, hypnotic or anxiolytic dependence, uncomplicated
F1321	Sedative, hypnotic or anxiolytic dependence, in remission
F13220	Sedatv/hyp/anxiolytc dependence w intoxication, uncomp
F13230	Sedatv/hyp/anxiolytc dependence w withdrawal, uncomplicated
F13231	Sedatv/hyp/anxiolytc dependence w withdrawal delirium
F13232	Sedatv/hyp/anxiolytc depend w w/drawal w perceptual disturb
F13239	Sedatv/hyp/anxiolytc dependence w withdrawal, unsp
F1324	Sedative, hypnotic or anxiolytic dependence w mood disorder
F13280	Sedatv/hyp/anxiolytc dependence w anxiety disorder
F13282	Sedative, hypnotic or anxiolytic dependence w sleep disorder
F1390	Sedative, hypnotic, or anxiolytic use, unsp, uncomplicated
F13921	Sedatv/hyp/anxiolytc use, unsp w intoxication delirium

ICD-10 Code	Description
F13939	Sedatv/hyp/anxiolytc use, unsp w withdrawal, unsp
F1394	Sedative, hypnotic or anxiolytic use, unsp w mood disorder
F13980	Sedatv/hyp/anxiolytc use, unsp w anxiety disorder
F1399	Sedative, hypnotic or anxiolytic use, unsp w unsp disorder
F1410	Cocaine abuse, uncomplicated
F1411	Cocaine abuse, in remission
F14120	Cocaine abuse with intoxication, uncomplicated
F14121	Cocaine abuse with intoxication with delirium
F14122	Cocaine abuse with intoxication with perceptual disturbance
F14129	Cocaine abuse with intoxication, unspecified
F1413	Cocaine abuse, unspecified with withdrawal
F1414	Cocaine abuse with cocaine-induced mood disorder
F14151	Cocaine abuse w cocaine-induc psychotic disorder w hallucin
F14180	Cocaine abuse with cocaine-induced anxiety disorder
F1419	Cocaine abuse with unspecified cocaine-induced disorder
F142	Cocaine dependence
F1420	Cocaine dependence, uncomplicated
F1421	Cocaine dependence, in remission
F14220	Cocaine dependence with intoxication, uncomplicated
F14229	Cocaine dependence with intoxication, unspecified
F1423	Cocaine dependence with withdrawal
F1424	Cocaine dependence with cocaine-induced mood disorder
F14259	Cocaine dependence w cocaine-induc psychotic disorder, unsp
F1429	Cocaine dependence with unspecified cocaine-induced disorder
F1490	Cocaine use, unspecified, uncomplicated
F14921	Cocaine use, unspecified with intoxication delirium
F14929	Cocaine use, unspecified with intoxication, unspecified
F1494	Cocaine use, unspecified with cocaine-induced mood disorder
F14959	Cocaine use, unsp w cocaine-induced psychotic disorder, unsp
F1499	Cocaine use, unsp with unspecified cocaine-induced disorder
F1510	Other stimulant abuse, uncomplicated

ICD-10 Code	Description
F1511	Other stimulant abuse, in remission
F15120	Other stimulant abuse with intoxication, uncomplicated
F15121	Other stimulant abuse with intoxication delirium
F15122	Oth stimulant abuse w intoxication w perceptual disturbance
F15129	Other stimulant abuse with intoxication, unspecified
F1513	Other stimulant abuse with withdrawal
F1514	Other stimulant abuse with stimulant-induced mood disorder
F15150	Oth stimulant abuse w stim-induce psych disorder w delusions
F15151	Oth stimulant abuse w stim-induce psych disorder w hallucin
F15159	Oth stimulant abuse w stim-induce psychotic disorder, unsp
F15180	Oth stimulant abuse with stimulant-induced anxiety disorder
F15182	Other stimulant abuse with stimulant-induced sleep disorder
F15188	Other stimulant abuse with other stimulant-induced disorder
F1519	Other stimulant abuse with unsp stimulant-induced disorder
F152	Other stimulant dependence
F1520	Other stimulant dependence, uncomplicated
F1521	Other stimulant dependence, in remission
F15222	Oth stimulant dependence w intox w perceptual disturbance
F15229	Other stimulant dependence with intoxication, unspecified
F1523	Other stimulant dependence with withdrawal
F1524	Oth stimulant dependence w stimulant-induced mood disorder
F15250	Oth stim depend w stim-induce psych disorder w delusions
F15251	Oth stimulant depend w stim-induce psych disorder w hallucin
F15259	Oth stimulant depend w stim-induce psychotic disorder, unsp
F1590	Other stimulant use, unspecified, uncomplicated
F15920	Other stimulant use, unsp with intoxication, uncomplicated
F15921	Other stimulant use, unspecified with intoxication delirium
F15922	Oth stimulant use, unsp w intox w perceptual disturbance
F15929	Other stimulant use, unsp with intoxication, unspecified
F1593	Other stimulant use, unspecified with withdrawal
F1594	Oth stimulant use, unsp with stimulant-induced mood disorder

ICD-10 Code	Description
F15950	Oth stim use, unsp w stim-induce psych disorder w delusions
F15951	Oth stim use, unsp w stim-induce psych disorder w hallucin
F15959	Oth stimulant use, unsp w stim-induce psych disorder, unsp
F15980	Oth stimulant use, unsp w stimulant-induced anxiety disorder
F15988	Oth stimulant use, unsp with oth stimulant-induced disorder
F1599	Oth stimulant use, unsp with unsp stimulant-induced disorder
F1610	Hallucinogen abuse, uncomplicated
F16121	Hallucinogen abuse with intoxication with delirium
F16129	Hallucinogen abuse with intoxication, unspecified
F16151	Hallucinogen abuse w psychotic disorder w hallucinations
F16159	Hallucinogen abuse w psychotic disorder, unsp
F16180	Hallucinogen abuse w hallucinogen-induced anxiety disorder
F1620	Hallucinogen dependence, uncomplicated
F1690	Hallucinogen use, unspecified, uncomplicated
F16921	Hallucinogen use, unsp with intoxication with delirium
F16959	Hallucinogen use, unsp w psychotic disorder, unsp
F16983	Hallucign use, unsp w hallucign persist perception disorder
F16988	Hallucinogen use, unsp w oth hallucinogen-induced disorder
F1699	Hallucinogen use, unsp w unsp hallucinogen-induced disorder
F1810	Inhalant abuse, uncomplicated
F18120	Inhalant abuse with intoxication, uncomplicated
F1814	Inhalant abuse with inhalant-induced mood disorder
F1820	Inhalant dependence, uncomplicated
F1821	Inhalant dependence, in remission
F1890	Inhalant use, unspecified, uncomplicated
F18951	Inhalant use, unsp w inhalnt-induce psych disord w hallucin
F18959	Inhalant use, unsp w inhalnt-induce psychotic disorder, unsp
F1910	Other psychoactive substance abuse, uncomplicated
F1911	Other psychoactive substance abuse, in remission
F19120	Oth psychoactive substance abuse w intoxication, uncomp
F19121	Oth psychoactive substance abuse with intoxication delirium

ICD-10 Code	Description
F19122	Oth psychoactv substance abuse w intox w perceptual disturb
F19129	Other psychoactive substance abuse with intoxication, unsp
F19130	Other psychoactive substance abuse with withdrawal, uncomp
F19131	Other psychoactive substance abuse with withdrawal delirium
F19139	Other psychoactv substance abuse with withdrawal, unsp
F1914	Oth psychoactive substance abuse w mood disorder
F19150	Oth psychoactv substance abuse w psych disorder w delusions
F19151	Oth psychoactv substance abuse w psych disorder w hallucin
F19159	Oth psychoactive substance abuse w psychotic disorder, unsp
F19180	Oth psychoactive substance abuse w anxiety disorder
F19181	Oth psychoactive substance abuse w sexual dysfunction
F19182	Oth psychoactive substance abuse w sleep disorder
F19188	Oth psychoactive substance abuse w oth disorder
F1919	Oth psychoactive substance abuse w unsp disorder
F192	Other psychoactive substance dependence
F1920	Other psychoactive substance dependence, uncomplicated
F1921	Other psychoactive substance dependence, in remission
F19221	Oth psychoactive substance dependence w intox delirium
F19230	Oth psychoactive substance dependence w withdrawal, uncomp
F19231	Oth psychoactive substance dependence w withdrawal delirium
F19232	Oth psychoactv sub depend w w/drawal w perceptl disturb
F19239	Oth psychoactive substance dependence with withdrawal, unsp
F1924	Oth psychoactive substance dependence w mood disorder
F19259	Oth psychoactv substance depend w psychotic disorder, unsp
F1926	Oth psychoactv substance depend w persist amnestic disorder
F19288	Oth psychoactive substance dependence w oth disorder
F1929	Oth psychoactive substance dependence w unsp disorder
F1990	Other psychoactive substance use, unspecified, uncomplicated
F19920	Oth psychoactive substance use, unsp w intoxication, uncomp
F19921	Oth psychoactive substance use, unsp w intox w delirium
F19922	Oth psychoactv sub use, unsp w intox w perceptl disturb

ICD-10 Code	Description
F19929	Oth psychoactive substance use, unsp with intoxication, unsp
F19930	Oth psychoactive substance use, unsp w withdrawal, uncomp
F19931	Oth psychoactive substance use, unsp w withdrawal delirium
F19932	Oth psychoactv sub use, unsp w w/drawal w perceptl disturb
F19939	Other psychoactive substance use, unsp with withdrawal, unsp
F1994	Oth psychoactive substance use, unsp w mood disorder
F19950	Oth psychoactv sub use, unsp w psych disorder w delusions
F19951	Oth psychoactv sub use, unsp w psych disorder w hallucin
F19959	Oth psychoactv substance use, unsp w psych disorder, unsp
F1996	Oth psychoactv sub use, unsp w persist amnestic disorder
F1997	Oth psychoactive substance use, unsp w persisting dementia
F19980	Oth psychoactive substance use, unsp w anxiety disorder
F19982	Oth psychoactive substance use, unsp w sleep disorder
F19988	Oth psychoactive substance use, unsp w oth disorder
F1999	Oth psychoactive substance use, unsp w unsp disorder
F20	Schizophrenia
F200	Paranoid schizophrenia
F201	Disorganized schizophrenia
F202	Catatonic schizophrenia
F203	Undifferentiated schizophrenia
F205	Residual schizophrenia
F2081	Schizophreniform disorder
F2089	Other schizophrenia
F209	Schizophrenia, unspecified
F21	Schizotypal disorder
F22	Delusional disorders
F23	Brief psychotic disorder
F24	Shared psychotic disorder
F25	Schizoaffective disorders
F250	Schizoaffective disorder, bipolar type
F251	Schizoaffective disorder, depressive type

ICD-10 Code	Description
F258	Other schizoaffective disorders
F259	Schizoaffective disorder, unspecified
F28	Oth psych disorder not due to a sub or known physiol cond
F29	Unsp psychosis not due to a substance or known physiol cond
F3010	Manic episode without psychotic symptoms, unspecified
F3011	Manic episode without psychotic symptoms, mild
F3012	Manic episode without psychotic symptoms, moderate
F3013	Manic episode, severe, without psychotic symptoms
F302	Manic episode, severe with psychotic symptoms
F303	Manic episode in partial remission
F304	Manic episode in full remission
F308	Other manic episodes
F309	Manic episode, unspecified
F31	Bipolar disorder
F310	Bipolar disorder, current episode hypomanic
F311	Bipolar disorder, current episode manic w/o psych features
F3110	Bipolar disord, crnt episode manic w/o psych features, unsp
F3111	Bipolar disord, crnt episode manic w/o psych features, mild
F3112	Bipolar disord, crnt episode manic w/o psych features, mod
F3113	Bipolar disord, crnt epsd manic w/o psych features, severe
F312	Bipolar disord, crnt episode manic severe w psych features
F313	Bipolar disord, current episode depress, mild or mod severt
F3130	Bipolar disord, crnt epsd depress, mild or mod severt, unsp
F3131	Bipolar disorder, current episode depressed, mild
F3132	Bipolar disorder, current episode depressed, moderate
F314	Bipolar disord, crnt epsd depress, sev, w/o psych features
F315	Bipolar disord, crnt epsd depress, severe, w psych features
F3160	Bipolar disorder, current episode mixed, unspecified
F3161	Bipolar disorder, current episode mixed, mild
F3162	Bipolar disorder, current episode mixed, moderate
F3163	Bipolar disord, crnt epsd mixed, severe, w/o psych features

ICD-10 Code	Description
F3164	Bipolar disord, crnt episode mixed, severe, w psych features
F317	Bipolar disorder, currently in remission
F3170	Bipolar disord, currently in remis, most recent episode unsp
F3171	Bipolar disord, in partial remis, most recent epsd hypomanic
F3172	Bipolar disord, in full remis, most recent episode hypomanic
F3173	Bipolar disord, in partial remis, most recent episode manic
F3174	Bipolar disorder, in full remis, most recent episode manic
F3175	Bipolar disord, in partial remis, most recent epsd depress
F3176	Bipolar disorder, in full remis, most recent episode depress
F3177	Bipolar disord, in partial remis, most recent episode mixed
F3178	Bipolar disorder, in full remis, most recent episode mixed
F318	Other bipolar disorders
F3181	Bipolar II disorder
F3189	Other bipolar disorder
F319	Bipolar disorder, unspecified
F32	Depressive episode
F320	Major depressive disorder, single episode, mild
F321	Major depressive disorder, single episode, moderate
F322	Major depressv disord, single epsd, sev w/o psych features
F323	Major depressv disord, single epsd, severe w psych features
F324	Major depressv disorder, single episode, in partial remis
F325	Major depressive disorder, single episode, in full remission
F328	Other depressive episodes
F3281	Premenstrual dysphoric disorder
F3289	Other specified depressive episodes
F329	Major depressive disorder, single episode, unspecified
F3291	Unknown Dx code
F32A	Depression, unspecified
F33	Major depressive disorder, recurrent
F330	Major depressive disorder, recurrent, mild
F331	Major depressive disorder, recurrent, moderate

ICD-10 Code	Description
F332	Major depressv disorder, recurrent severe w/o psych features
F333	Major depressv disorder, recurrent, severe w psych symptoms
F334	Major depressive disorder, recurrent, in remission
F3340	Major depressive disorder, recurrent, in remission, unsp
F3341	Major depressive disorder, recurrent, in partial remission
F3342	Major depressive disorder, recurrent, in full remission
F338	Other recurrent depressive disorders
F339	Major depressive disorder, recurrent, unspecified
F34	Persistent mood [affective] disorders
F340	Cyclothymic disorder
F341	Dysthymic disorder
F348	Other persistent mood [affective] disorders
F3481	Disruptive mood dysregulation disorder
F3489	Other specified persistent mood disorders
F349	Persistent mood [affective] disorder, unspecified
F39	Unspecified mood [affective] disorder
F400	Agoraphobia
F4000	Agoraphobia, unspecified
F4001	Agoraphobia with panic disorder
F4002	Agoraphobia without panic disorder
F401	Social phobias
F4010	Social phobia, unspecified
F4011	Social phobia, generalized
F40210	Arachnophobia
F40218	Other animal type phobia
F40220	Fear of thunderstorms
F40228	Other natural environment type phobia
F40230	Fear of blood
F40231	Fear of injections and transfusions
F40232	Fear of other medical care
F40233	Fear of injury

ICD-10 Code	Description
F40240	Claustrophobia
F40241	Acrophobia
F40242	Fear of bridges
F40243	Fear of flying
F40248	Other situational type phobia
F40290	Androphobia
F40298	Other specified phobia
F408	Other phobic anxiety disorders
F409	Phobic anxiety disorder, unspecified
F41	Other anxiety disorders
F410	Panic disorder [episodic paroxysmal anxiety]
F411	Generalized anxiety disorder
F413	Other mixed anxiety disorders
F418	Other specified anxiety disorders
F419	Anxiety disorder, unspecified
F42	Obsessive-compulsive disorder
F420	Unknown Dx code
F422	Mixed obsessional thoughts and acts
F423	Hoarding disorder
F424	Excoriation (skin-picking) disorder
F428	Other obsessive-compulsive disorder
F429	Obsessive-compulsive disorder, unspecified
F430	Acute stress reaction
F431	Post-traumatic stress disorder (PTSD)
F4310	Post-traumatic stress disorder, unspecified
F4311	Post-traumatic stress disorder, acute
F4312	Post-traumatic stress disorder, chronic
F43123	Unknown Dx code
F432	Adjustment disorders
F4320	Adjustment disorder, unspecified
F4321	Adjustment disorder with depressed mood

ICD-10 Code	Description
F4322	Adjustment disorder with anxiety
F4323	Adjustment disorder with mixed anxiety and depressed mood
F4324	Adjustment disorder with disturbance of conduct
F4325	Adjustment disorder w mixed disturb of emotions and conduct
F4329	Adjustment disorder with other symptoms
F438	Other reactions to severe stress
F439	Reaction to severe stress, unspecified
F440	Dissociative amnesia
F441	Dissociative fugue
F442	Dissociative stupor
F444	Conversion disorder with motor symptom or deficit
F445	Conversion disorder with seizures or convulsions
F446	Conversion disorder with sensory symptom or deficit
F447	Conversion disorder with mixed symptom presentation
F4481	Dissociative identity disorder
F4489	Other dissociative and conversion disorders
F449	Dissociative and conversion disorder, unspecified
F450	Somatization disorder
F451	Undifferentiated somatoform disorder
F4520	Hypochondriacal disorder, unspecified
F4521	Hypochondriasis
F4522	Body dysmorphic disorder
F4541	Pain disorder exclusively related to psychological factors
F4542	Pain disorder with related psychological factors
F458	Other somatoform disorders
F459	Somatoform disorder, unspecified
F481	Depersonalization-derealization syndrome
F488	Other specified nonpsychotic mental disorders
F489	Nonpsychotic mental disorder, unspecified
F5000	Anorexia nervosa, unspecified
F5001	Anorexia nervosa, restricting type

ICD-10 Code	Description
F5002	Anorexia nervosa, binge eating/purging type
F502	Bulimia nervosa
F508	Other eating disorders
F5081	Binge eating disorder
F5082	Avoidant/restrictive food intake disorder
F5089	Other specified eating disorder
F509	Eating disorder, unspecified
F5101	Primary insomnia
F5102	Adjustment insomnia
F5103	Paradoxical insomnia
F5104	Psychophysiologic insomnia
F5105	Insomnia due to other mental disorder
F5109	Oth insomnia not due to a substance or known physiol cond
F5111	Primary hypersomnia
F5112	Insufficient sleep syndrome
F5113	Hypersomnia due to other mental disorder
F5119	Oth hypersomnia not due to a substance or known physiol cond
F513	Sleepwalking [somnambulism]
F514	Sleep terrors [night terrors]
F515	Nightmare disorder
F518	Oth sleep disord not due to a sub or known physiol cond
F519	Sleep disorder not due to a sub or known physiol cond, unsp
F520	Hypoactive sexual desire disorder
F521	Sexual aversion disorder
F5221	Male erectile disorder
F5222	Female sexual arousal disorder
F5231	Female orgasmic disorder
F5232	Male orgasmic disorder
F524	Premature ejaculation
F525	Vaginismus not due to a substance or known physiol condition
F526	Dyspareunia not due to a substance or known physiol cond

ICD-10 Code	Description
F528	Oth sexual dysfnct not due to a sub or known physiol cond
F529	Unsp sexual dysfnct not due to a sub or known physiol cond
F53	Mental and behavrl disorders assoc with the puerperium, NEC
F530	Postpartum depression
F531	Puerperal psychosis
F54	Psych & behavrl factors assoc w disord or dis classd elswhr
F550	Abuse of antacids
F551	Abuse of herbal or folk remedies
F552	Abuse of laxatives
F553	Abuse of steroids or hormones
F554	Abuse of vitamins
F558	Abuse of other non-psychoactive substances
F59	Unsp behavrl synd assoc w physiol disturb and physcl factors
F600	Paranoid personality disorder
F601	Schizoid personality disorder
F602	Antisocial personality disorder
F603	Borderline personality disorder
F604	Histrionic personality disorder
F605	Obsessive-compulsive personality disorder
F606	Avoidant personality disorder
F607	Dependent personality disorder
F6081	Narcissistic personality disorder
F6089	Other specific personality disorders
F609	Personality disorder, unspecified
F630	Pathological gambling
F631	Pyromania
F632	Kleptomania
F633	Trichotillomania
F6381	Intermittent explosive disorder
F6389	Other impulse disorders
F639	Impulse disorder, unspecified

ICD-10 Code	Description
F640	Transsexualism
F641	Dual role transvestism
F642	Gender identity disorder of childhood
F648	Other gender identity disorders
F649	Gender identity disorder, unspecified
F650	Fetishism
F651	Transvestic fetishism
F652	Exhibitionism
F653	Voyeurism
F654	Pedophilia
F6552	Sexual sadism
F6581	Frotteurism
F6589	Other paraphilias
F659	Paraphilia, unspecified
F66	Other sexual disorders
F6810	Factitious disorder imposed on self, unspecified
F6811	Factit disord imposed on self, with predom psych signs/symp
F6812	Factit disord impsd on self, with predom physcl signs/symp
F6813	Factit disord impsd on self, w comb psych & physcl signs/symp
F688	Other specified disorders of adult personality and behavior
F68A	Factitious disorder imposed on another
F69	Unspecified disorder of adult personality and behavior
F910	Conduct disorder confined to family context
F911	Conduct disorder, childhood-onset type
F912	Conduct disorder, adolescent-onset type
F913	Oppositional defiant disorder
F918	Other conduct disorders
F919	Conduct disorder, unspecified
F93	Emotional disorders with onset specific to childhood
F99	Mental disorder, not otherwise specified
К2920	Alcoholic gastritis without bleeding

ICD-10 Code	Description
К2921	Alcoholic gastritis with bleeding
К5902	Outlet dysfunction constipation
К7010	Alcoholic hepatitis without ascites
К7011	Alcoholic hepatitis with ascites
O99310	Alcohol use complicating pregnancy, unspecified trimester
099311	Alcohol use complicating pregnancy, first trimester
O99312	Alcohol use complicating pregnancy, second trimester
099313	Alcohol use complicating pregnancy, third trimester
O99320	Drug use complicating pregnancy, unspecified trimester
099321	Drug use complicating pregnancy, first trimester
O99322	Drug use complicating pregnancy, second trimester
O99323	Drug use complicating pregnancy, third trimester
O99324	Drug use complicating childbirth
O99325	Drug use complicating the puerperium
O99340	Oth mental disorders complicating pregnancy, unsp trimester
O99341	Oth mental disorders complicating pregnancy, first trimester
O99342	Oth mental disorders comp pregnancy, second trimester
O99343	Oth mental disorders complicating pregnancy, third trimester
O99344	Other mental disorders complicating childbirth
O99345	Other mental disorders complicating the puerperium
R45851	Suicidal ideations
R780	Finding of alcohol in blood
T1491	Suicide attempt
T1491XA	Suicide attempt, initial encounter
T1491XD	Suicide attempt, subsequent encounter
T1491XS	Suicide attempt, sequela
T360X2A	Poisoning by penicillins, intentional self-harm, init encntr
T361X2A	Poisn by cephalospor/oth beta-lactm antibiot, slf-hrm, init
T368X2A	Poisoning by oth systemic antibiotics, self-harm, init
T375X2A	Poisoning by antiviral drugs, intentional self-harm, init
T378X2A	Poisn by oth systemic anti-infect/parasit, self-harm, init

ICD-10 Code	Description
T378X2D	Poisn by oth systemic anti-infect/parasit, self-harm, subs
T380X2A	Poisoning by glucocort/synth analog, self-harm, init
T381X2A	Poisoning by thyroid hormones and sub, self-harm, init
T383X2A	Poisn by insulin and oral hypoglycemic drugs, slf-hrm, init
T383X2D	Poisn by insulin and oral hypoglycemic drugs, slf-hrm, subs
T385X2A	Poisoning by oth estrogens and progestogens, self-harm, init
T38892A	Poisoning by oth hormones and synthetic sub, self-harm, init
T39012A	Poisoning by aspirin, intentional self-harm, init encntr
T39012D	Poisoning by aspirin, intentional self-harm, subs encntr
T39092A	Poisoning by salicylates, intentional self-harm, init encntr
T39092D	Poisoning by salicylates, intentional self-harm, subs encntr
T391X2A	Poisoning by 4-Aminophenol derivatives, self-harm, init
T391X2D	Poisoning by 4-Aminophenol derivatives, self-harm, subs
T391X2S	Poisoning by 4-Aminophenol derivatives, self-harm, sequela
T39312A	Poisoning by propionic acid derivatives, self-harm, init
T39312D	Poisoning by propionic acid derivatives, self-harm, subs
T39312S	Poisoning by propionic acid derivatives, self-harm, sequela
T39392A	Poisn by oth nonsteroid anti-inflam drugs, self-harm, init
T39392D	Poisn by oth nonsteroid anti-inflam drugs, self-harm, subs
T39392S	Poisn by oth nonsteroid anti-inflam drugs, slf-hrm, sequela
T398X2A	Poisn by oth nonopio analges/antipyret, NEC, self-harm, init
T3992XA	Poisn by unsp nonopi analgs/antipyr/antirheu, slf-hrm, init
T401X2A	Poisoning by heroin, intentional self-harm, init encntr
T402X2A	Poisoning by oth opioids, intentional self-harm, init encntr
T403X2A	Poisoning by methadone, intentional self-harm, init encntr
T403X2D	Poisoning by methadone, intentional self-harm, subs encntr
T40412A	Poisoning by fentanyl or fentanyl analogs, self-harm, init
T40412D	Poisoning by fentanyl or fentanyl analogs, self-harm, subs
T40422A	Poisoning by tramadol, self-harm, initial encounter
T40492A	Poisoning by other synthetic narcotics, self-harm, init
T40492D	Poisoning by other synthetic narcotics, self-harm, subs

ICD-10 Code	Description
T404X2A	Poisoning by oth synthetic narcotics, self-harm, init
T404X2D	Poisoning by oth synthetic narcotics, self-harm, subs
T405X2A	Poisoning by cocaine, intentional self-harm, init encntr
T40602A	Poisoning by unsp narcotics, intentional self-harm, init
T40602D	Poisoning by unsp narcotics, intentional self-harm, subs
T40692A	Poisoning by oth narcotics, intentional self-harm, init
T407X2A	Poisoning by cannabis (derivatives), self-harm, init
T41292A	Poisoning by oth general anesthetics, self-harm, init
T420X2A	Poisoning by hydantoin derivatives, self-harm, init
T421X2A	Poisoning by iminostilbenes, intentional self-harm, init
T421X2D	Poisoning by iminostilbenes, intentional self-harm, subs
T423X2A	Poisoning by barbiturates, intentional self-harm, init
T424X2A	Poisoning by benzodiazepines, intentional self-harm, init
T424X2D	Poisoning by benzodiazepines, intentional self-harm, subs
T424X2S	Poisoning by benzodiazepines, intentional self-harm, sequela
T426X2A	Poisn by oth antieplptc and sed-hypntc drugs, slf-hrm, init
T426X2D	Poisn by oth antieplptc and sed-hypntc drugs, slf-hrm, subs
T4272XA	Poisn by unsp antieplptc and sed-hypntc drugs, slf-hrm, init
T4272XD	Poisn by unsp antieplptc and sed-hypntc drugs, slf-hrm, subs
T428X2A	Poisn by antiparkns drug/centr musc-tone depr, slf-hrm, init
T428X2D	Poisn by antiparkns drug/centr musc-tone depr, slf-hrm, subs
T43012A	Poisoning by tricyclic antidepressants, self-harm, init
T43012D	Poisoning by tricyclic antidepressants, self-harm, subs
T43022A	Poisoning by tetracyclic antidepressants, self-harm, init
T43202A	Poisoning by unsp antidepressants, self-harm, init
T43212A	Poisn by slctv seroton/norepineph reup inhibtr,slf-hrm, init
T43212D	Poisn by slctv seroton/norepineph reup inhibtr,slf-hrm, subs
T43222A	Poisn by slctv serotonin reuptake inhibtr, self-harm, init
T43292A	Poisoning by oth antidepressants, self-harm, init
T433X2A	Poisn by phenothiaz antipsychot/neurolept, self-harm, init
T434X2A	Poisn by butyrophen/thiothixen neuroleptc, self-harm, init

ICD-10 Code	Description
T43502A	Poisoning by unsp antipsychot/neurolept, self-harm, init
T43502S	Poisoning by unsp antipsychot/neurolept, self-harm, sequela
T43592A	Poisoning by oth antipsychot/neurolept, self-harm, init
T43592D	Poisoning by oth antipsychot/neurolept, self-harm, subs
T43602A	Poisoning by unsp psychostimulants, self-harm, init
T43612A	Poisoning by caffeine, intentional self-harm, init encntr
T43622A	Poisoning by amphetamines, intentional self-harm, init
T43632A	Poisoning by methylphenidate, intentional self-harm, init
T43642A	Poisoning by ecstasy, self-harm, initial encounter
T438X2A	Poisoning by oth psychotropic drugs, self-harm, init
T4392XA	Poisoning by unsp psychotropic drug, self-harm, init
T440X2A	Poisoning by anticholinesterase agents, self-harm, init
T441X2A	Poisoning by oth parasympathomimetics, self-harm, init
T443X2A	Poisn by oth parasympath and spasmolytics, self-harm, init
T444X2A	Poisn by predom alpha-adrenocpt agonists, self-harm, init
T445X2A	Poisoning by predom beta-adrenocpt agonists, self-harm, init
T446X2A	Poisoning by alpha-adrenocpt antagonists, self-harm, init
T447X2A	Poisoning by beta-adrenocpt antagonists, self-harm, init
T448X2A	Poisn by centr-acting/adren-neurn-block agnt, slf-hrm, init
T44902A	Poisn by unsp drugs aff the autonm nrv sys, slf-hrm, init
T450X2A	Poisoning by antiallerg/antiemetic, self-harm, init
T450X2D	Poisoning by antiallerg/antiemetic, self-harm, subs
T451X2A	Poisoning by antineopl and immunosup drugs, self-harm, init
T452X2A	Poisoning by vitamins, intentional self-harm, init encntr
T454X2A	Poisoning by iron and its compounds, self-harm, init
T45512A	Poisoning by anticoagulants, intentional self-harm, init
T45522A	Poisoning by antithrombotic drugs, self-harm, init
T457X2A	Poisn by anticoag antag, vit K and oth coag, slf-hrm, init
T460X2A	Poisn by cardi-stim glycos/drug simlar act, self-harm, init
T461X2A	Poisoning by calcium-channel blockers, self-harm, init
T461X2D	Poisoning by calcium-channel blockers, self-harm, subs

ICD-10 Code	Description
T463X2A	Poisoning by coronary vasodilators, self-harm, init
T464X2A	Poisn by angiotens-convert-enzyme inhibtr, self-harm, init
T465X2A	Poisoning by oth antihypertensive drugs, self-harm, init
T465X2D	Poisoning by oth antihypertensive drugs, self-harm, subs
T465X2S	Poisoning by oth antihypertensive drugs, self-harm, sequela
T466X2A	Poisn by antihyperlip and antiarterio drugs, self-harm, init
T467X2A	Poisoning by peripheral vasodilators, self-harm, init
T467X2D	Poisoning by peripheral vasodilators, self-harm, subs
T46902A	Poisn by unsp agents aff the cardiovasc sys, self-harm, init
T470X2A	Poisoning by histamine H2-receptor blockers, self-harm, init
T471X2A	Poisn by oth antacids & anti-gstrc-sec drugs, slf-hrm, init
T472X2A	Poisoning by stimulant laxatives, self-harm, init
T476X2A	Poisoning by antidiarrheal drugs, self-harm, init
T481X2A	Poisoning by skeletal muscle relaxants, self-harm, init
T48202A	Poisoning by unsp drugs acting on muscles, self-harm, init
T483X2A	Poisoning by antitussives, intentional self-harm, init
T484X2A	Poisoning by expectorants, intentional self-harm, init
T485X2A	Poisoning by oth anti-common-cold drugs, self-harm, init
T486X2A	Poisoning by antiasthmatics, intentional self-harm, init
T490X2A	Poisn by local antifung/infect/inflamm drugs, slf-hrm, init
T492X2A	Poisoning by local astringents/detergents, self-harm, init
T496X2A	Poisoning by otorhino drugs and prep, self-harm, init
T500X2A	Poisoning by mineralocorticoids and antag, self-harm, init
T502X2A	Poisn by crbnc-anhydr inhibtr,benzo/oth diuretc,slf-hrm,init
T502X2D	Poisn by crbnc-anhydr inhibtr,benzo/oth diuretc,slf-hrm,subs
T502X2S	Poisn by crbnc-anhydr inhibtr,benzo/oth diuretc,slf-hrm,sqla
T503X2A	Poisn by electrolytic/caloric/wtr-bal agnt, self-harm, init
T506X2A	Poisoning by antidotes and chelating agents, self-harm, init
T507X2A	Poisn by analeptics and opioid receptor antag, slf-hrm, init
T50902A	Poisoning by unsp drug/meds/biol subst, self-harm, init
T50902D	Poisoning by unsp drug/meds/biol subst, self-harm, subs

ICD-10 Code	Description
T50902S	Poisoning by unsp drug/meds/biol subst, self-harm, sequela
T50912A	Poisn by multiple unsp drug/meds/biol subst, self-harm, init
T50912D	Poisn by multiple unsp drug/meds/biol subst, self-harm, subs
T50912S	Poisn by mult unsp drug/meds/biol subst, slf-hrm, sequela
T50992A	Poisoning by oth drug/meds/biol subst, self-harm, init
T50992D	Poisoning by oth drug/meds/biol subst, self-harm, subs
T510X2A	Toxic effect of ethanol, intentional self-harm, init encntr
T511X2A	Toxic effect of methanol, intentional self-harm, init encntr
T512X2A	Toxic effect of 2-Propanol, intentional self-harm, init
T513X2A	Toxic effect of fusel oil, intentional self-harm, init
T518X2A	Toxic effect of oth alcohols, intentional self-harm, init
T518X2D	Toxic effect of oth alcohols, intentional self-harm, subs
T5192XA	Toxic effect of unsp alcohol, intentional self-harm, init
T520X2A	Toxic effect of petroleum products, self-harm, init
T520X2S	Toxic effect of petroleum products, self-harm, sequela
T528X2A	Toxic effect of organic solvents, self-harm, init
T528X2S	Toxic effect of organic solvents, self-harm, sequela
T541X2A	Toxic effect of corrosive organic compounds, self-harm, init
T542X2A	Tox eff of corrosv acids & acid-like substnc, slf-hrm, init
T543X2A	Tox eff of corrosv alkalis & alk-like substnc, slf-hrm, init
T5492XA	Toxic effect of unsp corrosive substance, self-harm, init
T550X2A	Toxic effect of soaps, intentional self-harm, init encntr
T551X2A	Toxic effect of detergents, intentional self-harm, init
T560X2D	Toxic effect of lead and its compounds, self-harm, subs
T56892A	Toxic effect of oth metals, intentional self-harm, init
T578X2A	Toxic effect of inorganic substances, self-harm, init
T5792XA	Toxic effect of unsp inorganic substance, self-harm, init
T5802XA	Toxic eff of carb monx from mtr veh exhaust, slf-hrm, init
T5812XA	Toxic effect of carb monx from utility gas, self-harm, init
T588X2A	Toxic effect of carb monx from oth source, self-harm, init
T5892XA	Toxic effect of carb monx from unsp source, self-harm, init

ICD-10 Code	Description
T5892XD	Toxic effect of carb monx from unsp source, self-harm, subs
T5892XS	Toxic effect of carb monx from unsp source, slf-hrm, sequela
T59812A	Toxic effect of smoke, intentional self-harm, init encntr
T59892A	Toxic effect of gases, fumes and vapors, self-harm, init
T5992XA	Toxic effect of unsp gases, fumes and vapors, slf-hrm, init
T620X2A	Toxic effect of ingested mushrooms, self-harm, init
T622X2A	Toxic effect of ingested (parts of) plant(s), slf-hrm, init
T63462A	Toxic effect of venom of wasps, intentional self-harm, init
T65222A	Toxic effect of tobacco cigarettes, self-harm, init
T65222D	Toxic effect of tobacco cigarettes, self-harm, subs
T65292A	Toxic effect of tobacco and nicotine, self-harm, init
T65292S	Toxic effect of tobacco and nicotine, self-harm, sequela
T65892A	Toxic effect of oth substances, intentional self-harm, init
T6592XA	Toxic effect of unsp substance, intentional self-harm, init
T6592XD	Toxic effect of unsp substance, intentional self-harm, subs
T6592XS	Toxic effect of unsp substance, self-harm, sequela
T71122A	Asphyxiation due to plastic bag, intentional self-harm, init
T71162A	Asphyxiation due to hanging, intentional self-harm, init
T71162D	Asphyxiation due to hanging, intentional self-harm, subs
T71162S	Asphyxiation due to hanging, intentional self-harm, sequela
T71192A	Asphyx d/t mech thrt to breathe d/t oth cause, slf-hrm, init
X730XXA	Intentional self-harm by shotgun discharge, init encntr
X780XXA	Intentional self-harm by sharp glass, initial encounter
X781XXA	Intentional self-harm by knife, initial encounter
X781XXD	Intentional self-harm by knife, subsequent encounter
X788XXA	Intentional self-harm by other sharp object, init encntr
X788XXD	Intentional self-harm by other sharp object, subs encntr
X789XXA	Intentional self-harm by unsp sharp object, init encntr
X789XXD	Intentional self-harm by unsp sharp object, subs encntr
X838XXA	Intentional self-harm by other specified means, init encntr
Z7141	Alcohol abuse counseling and surveillance of alcoholic

ICD-10 Code	Description
Z7151	Drug abuse counseling and surveillance of drug abuser
Z8651	Personal history of combat and operational stress reaction
Z8659	Personal history of other mental and behavioral disorders

## Behavioral Health Provider Type Taxonomy Codes and Description Included in Behavioral Health Definition

Taxonomy	Taxonomy Classification/Specialization
101Y00000X	Counselor,
101YA0400X	Counselor, Addiction (Substance Use Disorder)
101YM0800X	Counselor, Mental Health
101YP1600X	Counselor, Pastoral
101YP2500X	Counselor, Professional
101YS0200X	Counselor, School
103T00000X	Psychologist,
103TA0400X	Psychologist, Addiction (Substance Use Disorder)
103TA0700X	Psychologist, Adult Development & Aging
103TB0200X	Psychologist, Cognitive & Behavioral
103TC0700X	Psychologist, Clinical
103TC1900X	Psychologist, Counseling
103TF0000X	Psychologist, Family
103TM1800X	Psychologist, Mental Retardation & Developmental Disabilities
103TP0016X	Psychologist, Prescribing (Medical)
103TP0814X	Psychologist, Psychoanalysis
103TP2701X	Psychologist, Group Psychotherapy
104100000X	Social Worker,
1041C0700X	Social Worker, Clinical
1041S0200X	Social Worker, School
106E00000X	Assistant Behavior Analyst
106H00000X	Marriage & Family Therapist
106S00000X	Behavior Technician
133VN1006X	Dietitian, Registered, Nutrition, Metabolic
163WA0400X	Registered Nurse, Addiction (Substance Use Disorder)

Taxonomy	Taxonomy Classification/Specialization
163W00000X	Registered Nurse
163WP0807X	Registered Nurse, Psychiatric/Mental Health, Child & Adolescent
163WP0808X	Registered Nurse, Psychiatric/Mental Health
163WP0809X	Registered Nurse, Psychiatric/Mental Health, Adult
172V00000X	Community Health Worker
175T00000X	Peer Specialist
207PP0204X	Emergency Medicine, Pediatric Emergency Medicine
207QA0401X	Family Medicine, Addiction Medicine
2083A0300X	Preventive Medicine, Addiction Medicine
2084A0401X	Psychiatry & Neurology, Addiction Medicine
2084F0202X	Psychiatry & Neurology, Forensic Psychiatry
2084P0015X	Psychiatry & Neurology, Psychosomatic Medicine
2084P0800X	Psychiatry & Neurology, Psychiatry
2084P0802X	Psychiatry & Neurology, Addiction Psychiatry
2084P0804X	Psychiatry & Neurology, Child & Adolescent Psychiatry
2084P0805X	Psychiatry & Neurology, Geriatric Psychiatry
221700000X	Art Therapist
222Q00000X	Developmental Therapist
225500000X	Specialist/Technologist
225600000X	Dance Therapist
225700000X	Massage Therapist
251K00000X	Public Health or Welfare
251S00000X	Community/Behavioral Health
251V00000X	Voluntary or Charitable
261QD1600X	Clinic/Center, Developmental Disabilities
261QM0801X	Clinic/Center, Mental Health (Including Community Mental Health Center)
261QM0850X	Clinic/Center, Adult Mental Health
261QM0855X	Clinic/Center, Adolescent and Children Mental Health
261QM2800X	Clinic/Center, Methadone
261QR0405X	Clinic/Center, Rehabilitation, Substance Use Disorder
273R00000X	Psychiatric Unit

Taxonomy	Taxonomy Classification/Specialization
276400000X	Rehabilitation, Substance Use Disorder Unit
283Q00000X	Psychiatric Hospital
3104A0625X*	Assisted Living Facility, Assisted Living (Mental Illness)
310500000X*	Intermediate Care Facility, Mental Illness
311Z00000X*	Custodial Care Facility
320600000X	Residential Treatment Facility, Mental Retardation and/or Developmental Disabilities
320800000X	Community Based Residential Treatment Facility, Mental Illness
322D00000X	Residential Treatment Facility, Emotionally Disturbed Children
323P00000X	Psychiatric Residential Treatment Facility
324500000X	Substance Abuse Rehabilitation Facility
3245S0500X	Substance Abuse Rehabilitation Facility, Substance Abuse Treatment, Children
363LP0808X	Nurse Practitioner, Psychiatric/Mental Health
363LP2300X	Nurse Practitioner, Primary Care
364SC1501X	Clinical Nurse Specialist – Community Health/Public Health
364SF0001X	Clinical Nurse Specialist, Family Health
364S00000X	Clinical Nurse Specialist
364SP0807X	Clinical Nurse Specialist, Psychiatric/Mental Health, Child & Adolescent
364SP0808X	Clinical Nurse Specialist, Psychiatric/Mental Health
364SP0809X	Clinical Nurse Specialist, Psychiatric/Mental Health, Adult

\* Non-LTSS Related Services

## Procedure Codes Used in Telehealth Analysis

Procedure Codes**	Description
2 (Place of Service)	Health services are received through Telecommunications technology
10 (Place of Service)	Telehealth Place of Service Code
FR (Modifier)	Procedure modifier
FQ (Modifier)	Procedure modifier
GT (Modifier)	Via interactive audio and video telecommunication systems
G0 (Modifier)	Procedure modifier
GQ (Modifier)	Procedure modifier
93 (Modifier)	Procedure modifier
95 (Modifier)	Synchronous Telemedicine Service Rendered Via a Real-Time Interactive Audio and Video Telecommunications System
98966-98968	Telephone assessment and management service provided by a qualified nonphysician health care professional to an established patient, parent, or guardian not originating from a related assessment and management service provided within the previous 7

Procedure Codes**	Description
	days nor leading to an assessment and management service or procedure within the
	next 24 hours or soonest available appointment
99421-99423	Online Digital Evaluation and Management Services
98970 - 98972	Qualified nonphysician healthcare professional online assessment, for an established
	patient, for up to seven days, cumulative time during the 7 days
98980	Remote monitoring PLUS interacting with patient
98981	Addl time
	Telephone E/M service provided by a physician to an established patient, parent, or
99441-99443	guardian not originating from a related E/M service provided within the previous 7
	days nor leading to an E/M service or procedure within the next 24 hours or soonest
	available appointment
99446-99449	Interprofessional Telephone/Internet/Electronic Health Record Consultations
99451-99452	Interprofessional Telephone/Internet/Electronic Health Record Consultations
99457	QHP service; 20 minutes of Non F2F and F2F time spent in analysis and via
	synchronous communication with patient the findings or care plan
99458	Add-on code; full additional 20 minutes for services described in 99457
0188T-0189T	Remote Real-Time Interactive Video-conferenced Critical Care Services
	Payment for communication technology-based services for 5 minutes or more of a
	virtual (non-face-to-face) communication between a rural health clinic (rhc) or
G0071	federally qualified health center (fqhc) practitioner and rhc or fqhc patient, or 5
	minutes or more of remote evaluation of recorded video and/or images by an rhc or
	fqhc practitioner, occurring in lieu of an office visit; rhc or fqhc only Physician or allowed practitioner supervision of a patient receiving Medicare-covered
	services provided by a participating home health agency (patient not present)
G0181	requiring complex and multidisciplinary care modalities involving regular physician or
	allowed practitioner development and/or revision of care plans
	Physician supervision of a patient under a Medicare-approved hospice (patient not
	present) requiring complex and multidisciplinary care modalities involving regular
	physician development and/or revision of care plans, review of subsequent reports of
G0182	patient status, review of laboratory and other studies, communication (including
	telephone calls) with other health care professionals involved in the patient's care,
	integration of new information into the medical treatment plan and/or adjustment of
	medical therapy, within a calendar month, 30 minutes or more
G0406-G0408	Follow-up inpatient consultation, limited, physicians typically spend [15, 25, 35]
	minutes communicating with the patient via telehealth Telehealth consultation, emergency department or initial inpatient, typically [30, 50,
G0425-G0427	70] minutes communicating with the patient via telehealth
	Inpatient telehealth pharmacologic management, including prescription, use, and
G0459	review of medication with no more than minimal medical psychotherapy
G0508-G0509	Telehealth consultation, critical care
	Remote evaluation of recorded video and/or images submitted by an established
G2010	patient, including interpretation with follow-up with the patient within 24 business
	hours, not originating from a related e/m service provided within the previous 7 days
	nor leading to an e/m service or procedure within the next 24 hours or soonest
	available appointment

Procedure Codes**	Description
G2012	Brief communication technology-based service, e.g., virtual check-in, by a physician or other qualified health care professional who can report e/m services, provided to an established patient, not originating from a related e/m service provided within the previous 7 days nor leading to an e/m service or procedure within the next 24 hours or soonest available appointment; 5-10 minutes of medical discussion
G2025	Payment for a telehealth distant site service furnished by a rural health clinic (rhc) or federally qualified health center (fqhc) only
G2061-G2063	Qualified nonphysician healthcare professional online assessment and management service, for an established patient, for up to seven days, cumulative time during the 7 days; [5-10, 11-20, 21+] minutes
G2252	Brief communication technology-based service, e.g., virtual check-in, by a physician or other qualified health care professional who can report evaluation and management services, provided to an established patient, not originating from a related E/M service provided within the previous 7 days nor leading to an E/M service or procedure within the next 24 hours or soonest available appointment: 11–20 minutes of medical discussion
Q3014	Telehealth originating site facility fee
S9110	Telemonitoring of patient in their home, including all necessary equipment; computer system, connections, and software; maintenance; patient education and support; per month
T1014	Telehealth transmission, per minute, professional services bill separately

\*\* Most codes used a Modifier.

## **Attachment E - Endnotes**

- 1. An Act Regarding Reporting on Spending for Behavioral Health Care Services and To Clarify Requirements for Credentialing by Health Insurance Carriers, P.L 2021, ch. 603, H.P. 874 - L.D. 1196. <u>https://legislature.maine.gov/bills/getPDF.asp?paper=HP0874&item=3&snum=130</u>
- Maine Health Data Organization. Rule Chapter 243: Uniform Reporting System for Health Care Claims Data Sets. Adopted November 15, 2021. https://mhdo.maine.gov/ finalStatutesRules/Chapter%20243%20Claims%20Data 211115.pdf.
- 3. Maine Health Data Organization. Rule Chapter 247: Uniform Reporting System for Non-Claims-Based Payments. Adopted December 12, 2021.

https://mhdo.maine.gov/\_finalStatutesRules/Chapter%20247%20Non-Claims%20Data\_211212.pdf.

- Cantor JH, McBain RK, Ho PC, Bravata DM, Whaley C. Telehealth and In-Person Mental Health Service Utilization and Spending, 2019 to 2022. *JAMA Health Forum*. 2023;4(8):e232645.10.1001/jamahealthforum.2023.2645
- 5. Avalere. Behavioral Health in Medicaid May Be Unable to Meet Increased Demand. May 29, 2020. Accessed February 13, 2024. <u>https://avalere.com/insights/behavioral-health-in-medicaid-may-be-unable-to-meet-increased-demand</u>.
- 6. Panchal N, Saunders H, Rudowitz R, Cox C. The Implications of COVID-19 for Mental Health and Substance Use. March 20, 2023. Accessed February 13, 2024. <u>https://www.kff.org/mental-health/issue-brief/the-implications-of-covid-19-for-mental-health-and-substance-use/</u>.
- McBain RK, Cantor J, Pera MF, Breslau J, Bravata DM, Whaley CM. Mental Health Service Utilization Rates Among Commercially Insured Adults in the US During the First Year of the COVID-19 Pandemic. JAMA Health Forum. 2023;4(1):e224936.10.1001/jamahealthforum.2022.4936
- U.S. Government Accountability Office. Behavioral Health: Patient Access, Provider Claims Payment, and the Effects of the COVID-19 Pandemic. March 31, 2021. Accessed February 13, 2024. <u>https://www.gao.gov/products/gao-21-437r</u>.
- 9. Center for Health Information and Analysis (CHIA). Enrollment in Health Insurance. September 2023. Accessed January 9, 2024. <u>https://www.chiamass.gov/enrollment-in-health-insurance/</u>.
- 10. Smagula J, Gorman D, Kiene L, Gorman B, Rourke E. *New Hampshire Insurance Department: 2021 Final Report of Health Care Premium and Claim Cost Drivers*. Marlborough, MA: Gorman Actuarial, Inc.; December 2022. <u>https://www.nh.gov/insurance//reports/documents/2020-final-nhid-hearing-annual-report.pdf</u>.
- 11. National Association of Insurance Commissioners. U.S. Health Insurance Industry Analysis Report: 2022 Annual Results Kansas City, MO: NAIC;2023. <u>https://content.naic.org/sites/default/files/inline-files/Health%202023%20Mid-Year%20Industry%20Report.pdf</u>.
- 12. Keenan PS, Miller GE. *Trends in Health Insurance at Private Employers, 2008–2021, Statistical Brief #543.* Rockville, MD: Agency for Healthcare Research and Quality; July 2022. <u>https://www.meps.ahrq.gov/data\_files/publications/st543/stat543.pdf</u>.
- 13. Mulvaney-Day N, Dean D, Jr., Miller K, Camacho-Cook J. Trends in Use of Telehealth for Behavioral Health Care During the COVID-19 Pandemic: Considerations for Payers and Employers. *Am J Health Promot.* 2022;36(7):1237-1241.10.1177/08901171221112488e
- 14. Bipartisan Policy Center. *The Future of Telehealth After COVID-19.* Washington, DC: BPC; October, 2022. <u>https://bipartisanpolicy.org/report/future-of-telehealth/</u>.
- 15. Samson LW, Couture SJ, Creedon TB, Jacobus-Kantor L, Sheingold S. *Updated Medicare FFS Telehealth Trends by Beneficiary Characteristics, Visit Specialty, and State, 2019-2021.* Office of the Assistant Secretery for Planning and Evaluation, U.S. Department of Health and Human Services 2023, July.

https://aspe.hhs.gov/sites/default/files/documents/cb83f6f25c25c3a3529807f23cd2327d/medicaretelehealth-updated-trends-report.pdf.

- Maine Department of Health and Human Services. MaineCare Notice of Agency Rule-making Adoption, MaineCare Benefits Manual, Chapter I, Section 4, Telehealth Services. 2023, Nov. 6. Accessed 2023, Dec. 14. <u>https://www.maine.gov/dhhs/about/rulemaking/mainecare-notice-agency-rule-making-adoption-mainecare-benefits-manual-chapter-i-section-4-2023-11-02</u>.
- 17. U.S. Department of Health and Human Services. HHS Fact Sheet: Telehealth Flexibilities and Resources and the COVID-19 Public Health Emergency. May 10, 2023. Accessed Dec. 14, 2023. <u>https://www.hhs.gov/about/news/2023/05/10/hhs-fact-sheet-telehealth-flexibilities-resources-covid-19-public-health-emergency.html</u>.
- Health Resources & Services Administration (HRSA). Telehealth policy changes after the COVID-19 public health emergency. Aug. 31, 2023. Accessed 2023, Dec. 14. <u>https://telehealth.hhs.gov/providers/telehealth-policy/policy-changes-after-the-covid-19-public-health-emergency</u>.
- Condon MJ, Sinha V, McGourty-Holland K, Freeman Healthcare. Investing in Behavioral Health Care: Lessons from State-Based Efforts. California Health Care Foundation February 2023. <u>https://www.chcf.org/resource/primary-care-matters/lessons-from-other-states/investing-behavioral-health/</u>.
- 20. Center for Improving Value in Health Care (CIVHC). *Emergency Department Use for Mental Health and /or Potential Self-Harm.* February, 2023. <u>https://civhc.org/get-data/publications/</u>.
- 21. Corwin R. Medicaid and Private Insurance Spending on Behavioral Health Care in Virginia Increases 2014 to 2020. November 29, 2022. Accessed November 20, 2023. <u>https://altarum.org/publications/medicaid-and-private-insurance-spending-behavioral-health-care-virginia-increases-2014</u>.
- 22. Substance Abuse and Mental Health Services Administration. *Behavioral Health Spending & Use Accounts 2006–2015*. Rockville, MD: Substance Abuse and Mental Health Services Administration;2019. https://store.samhsa.gov/sites/default/files/d7/priv/bhsua-2006-2015-508.pdf.
- 23. Davenport S, Gray TJ, Melek S. *How do individuals with behavioral health conditions contribute to physical and total health care spending?* Denver, CO: Milliman; August 13, 2020. <u>https://www.milliman.com/en/insight/How-do-individuals-with-behavioral-health-conditions-contribute-to-physical</u>.
- 24. Onpoint Health Data. *Washington Office of the Insurance Commissioner (WA OIC) Behavioral Health Crisis Study.* June 2021. <u>https://www.insurance.wa.gov/sites/default/files/documents/behavioral-health-crisis-study.pdf</u>.
- Center for Health Information and Analysis (CHIA). Massachusetts Primary Care and Behavioral Health Expenditures: Baseline Report CHIA; September, 2022. https://www.chiamass.gov/assets/docs/r/pubs/2022/PCBH-Report.pdf.
- 26. Swanson B, Plante E-L, Lipp K, Costello A, White C. *NH Children and Teens Experiencing Mental Health Disorders: An Analysis of 2019-2021 Health Care Claims Data.* Concord, NH: University of New Hampshire Institure for Health Policy and Practice; September, 2023.
- 27. Soni A. Healthcare Expenditures for Treatment of Mental Disorders: Estimates for Adults Ages 18 and Older, U.S. Civilian Noninstitutionalized Population, 2019. Rockville, MD: Agency for Healthcare Research and Quality; February 2022. <u>https://meps.ahrq.gov/data\_files/publications/st539/stat539.shtml</u>.
- 28. Hostutler C, Wolf N, Snider T, Butz C, Kemper AR, Butter E. Increasing Access to and Utilization of Behavioral Health Care Through Integrated Primary Care. *Pediatrics.* 2023.10.1542/peds.2023-062514
- 29. Ohio Department of Mental Health and Addiction Services. *Understanding Supply and Demand within Ohio's Behavioral Health System*. 2021. <u>https://data.ohio.gov/wps/portal/gov/data/projects/03-mhas-workforce</u>.

- 30. Rhode Island Office of the Health Insurance Commissioner (OHIC). OHIC Data Hub: Mental Health Trend Overview. 2023. Accessed Dec. 11, 2023. <u>https://ohic.ri.gov/data-reports/ohic-data-hub</u>.
- 31. Center for Health Information and Analysis (CHIA). Primary Care and Behavioral Health Care (PCBH) Expenditures. September 2022. Accessed <u>https://www.chiamass.gov/primary-care-and-behavioral-health-care-pcbh-expenditures/</u>.
- 32. Friedman SA, Xu H, Azocar F, Ettner SL. Quantifying Balance Billing for Out-of-Network Behavioral Health Care in Employer-Sponsored Insurance. *Psychiatric Services.* 2022;73(9):1019-1026.10.1176/appi.ps.202100157
- 33. Maine Department of Health and Human Services. Chapter 101: MaineCare Benefits Manual. Accessed December 14, 2022. <u>https://www.maine.gov/sos/cec/rules/10/ch101.htm</u>.